



Z6335 R5/06

ARE YOU INJURED? . . .

ILL . . .

IN SEARCH OF GENERAL  
HEALTH INFORMATION?

To reach the Nurse Line, call **888/912-0636**, provide your Medical Mutual contract number and a Nurse Line nurse will be available to advise you. The SuperWell Nurse Line is just one of a number of helpful and important Wellness products available to Medical Mutual members.

## Nurse Line Features

The program includes:

- 24/7 access to advice from registered nurses
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- Spanish-speaking nurses
- General health information via mail or e-mail



The SuperWell® Nurse Line is the answer!

Medical Mutual of Ohio® is pleased to introduce the SuperWell® **Nurse Line**. The *Nurse Line* gives you telephone counseling with a registered nurse and health information 24 hours a day, seven days a week, at no out-of-pocket expense.

## HOW NURSE LINE WORKS

Nurse Line offers peace of mind by providing members around-the-clock guidance and answers to healthcare questions. Trained, registered nurses can help you:



Make decisions about how to handle a health issue, including whether you need to visit a doctor or hospital emergency room.



Learn how to care for minor injuries and illnesses at home.



Understand medical conditions that have already been diagnosed and why it is important to follow your doctor's plan of care.



Develop healthier lifestyle habits.



Prepare for doctor visits, including knowing what questions to ask.



Learn how to make better decisions about your healthcare.

The **Nurse Line** will provide immediate support for everyday health issues and questions that otherwise might lead to unnecessary doctor or emergency room visits. It will also serve as an early warning system for emerging health conditions before they become serious medical events requiring emergency room visits or hospitalization.

CALL 888/912-0636 TO REACH THE NURSE LINE.