



MEDICAL MUTUAL®

2022 Standard Plus Preventive Medications List (Generics Only)

In addition to a healthy lifestyle, getting preventive care and taking preventive medications can be an important step people take to avoid many illnesses and maintain good health.

Medical Mutual has adopted the following list of preventive medications to support this goal. This list provides examples of commonly prescribed preventive medications. We grouped the medications together based on the medical conditions they are used to prevent. This is not an all inclusive list; only examples of drugs in each category are listed. This list also does not guarantee coverage of a particular drug or describe the type of payment you may owe. Depending on your plan, you may not have to pay a copay, coinsurance or deductible amount for preventive medications. For more information about your cost of coverage, please check with your plan administrator and/or benefit information materials.

If you have questions about your preventive medication benefits, please call Customer Care at the number on your health plan identification (ID) card.

<p>ASTHMA/COPD arformoterol albuterol HFA albuterol nebulizer solution albuterol oral budesonide oral inhalation cromolyn nebulizer solution ipratropium/albuterol nebulizer solution ipratropium nebulizer solution formoterol levabuterol nebulizer solution metaproterenol montelukast terbutaline oral theophylline wixela inhub zafirlukast zileuton er</p>	<p>BONE DISEASE AND FRACTURES alendronate ibandronate raloxifene risedronate risedronate dr zoledronic acid 5mg</p> <p>CAVITIES periomed sodium fluoride rinse, gel, cream, paste, tabs and drops</p> <p>COLONOSCOPY PREPARATION* gavilyte-c gavilyte-g gavilyte-n polyethylene glycol trilyte</p>	<p>DEPRESSION citalopram escitalopram fluoxetine fluoxetine dr fluvoxamine fluvoxamine er paroxetine paroxetine er sertraline</p> <p>DIABETES acarbose generic syringes, lancets and needles glimepiride glipizide glipizide er glipizide/metformin glyburide glyburide micronized glyburide/metformin metformin metformin er</p>
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<p>DIURETICS chlorothiazide chlorthalidone hydrochlorothiazide indapamide metolazone</p> <p>OTHER HIGH BLOOD PRESSURE COMBINATIONS amlodipine/atorvastatin amlodipine/benazepril amlodipine/olmesartan amlodipine/olmesartan/hctz amlodipine/telmisartan amlodipine/valsartan amlodipine/valsartan/hctz trandolapril/verapamil er</p>	<p>MALARIA atovaquone/proguanil chloroquine mefloquine primaquine</p> <p>MISC ANTIVIRALS emtricitabine/tenofovir (TDF) 200mg/300mg</p> <p>SMOKING-CESSATION* bupropion sr 150mg nicotine gum, lozenges and patches</p>	<p>VITAMINS OR MINERALS folic acid* generic prenatal vitamins generic pediatric multivitamins with fluoride*</p>
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†Obesity medications are not covered by all plans. Please check your certificate or other benefit information for more coverage information.

*Please note that some of these medications are also subject to the Affordable Care Act and may be covered by your plan at 100%.

Express Scripts manages your prescription benefit for your employer, plan sponsor or health plan. For specific questions on coverage, please call the phone number on your ID card or log into My Health Plan at [MedMutual.com/member](https://www.MedMutual.com/member) and click Benefits & Coverage, then Prescription Drug Benefits.

Please note: Brand names are shown in ALL CAPITALS in each category. If a generic is available, it is listed in lower-case letters with the brand name.

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