


MEDICAL MUTUAL®
2023 Standard Plus Preventive Medications List (Generics only)

In addition to a healthy lifestyle, getting preventive care and taking preventive medications can be an important step people take to avoid many illnesses and maintain good health.

Medical Mutual has adopted the following list of preventive medications to support this goal. This list provides examples of commonly prescribed preventive medications. We grouped the medications together based on the medical conditions they are used to prevent. This is not an all-inclusive list; only examples of drugs in each category are listed. This list also does not guarantee coverage of a particular drug or describe the type of payment you may owe. Depending on your plan, you may not have to pay a copay, coinsurance or deductible amount for preventive medications. For more information about your cost of coverage, please check with your plan administrator and/or benefit information materials.

If you have questions about your preventive medication benefits, please call Customer Care at the number on your health plan identification (ID) card.

ASTHMA/COPD

arformoterol
 albuterol HFA
 albuterol nebulizer solution
 albuterol oral
 budesonide oral inhalation
 cromolyn nebulizer solution
 ipratropium/albuterol
 nebulizer solution
 ipratropium nebulizer solution
 formoterol
 levabuterol nebulizer solution
 metaproterenol
 montelukast
 terbutaline oral
 theophylline
 wixela inhub
 zafirlukast
 zileuton ER

BONE DISEASE AND FRACTURES

alendronate
 ibandronate oral
 raloxifene
 risedronate
 risedronate dr
 zoledronic acid 5mg

CAVITIES

periomed
 sodium fluoride rinse, gel, cream,
 paste, tabs and drops

COLONOSCOPY PREPARATION*

gavilyte-c
 gavilyte-g
 gavilyte-n
 polyethylene glycol

DEPRESSION

citalopram
 escitalopram
 fluoxetine
 fluoxetine dr
 fluvoxamine
 fluvoxamine er
 paroxetine
 paroxetine er
 sertraline

DIABETES

acarbose
 generic syringes, lancets and
 needles
 glimepiride
 glipizide
 glipizide er
 glipizide/metformin
 glyburide
 glyburide micronized
 glyburide/metformin
 metformin
 metformin er
 miglitol
 nateglinide
 pioglitazone
 pioglitazone/glimepiride
 pioglitazone/metformin
 repaglinide
 repaglinide/metformin

HEART DISEASE AND STROKE

BLOOD THINNERS

aspirin, 81 mg & 325 mg*
 aspirin-dipyridamole er
 clopidogrel
 dabigatran
 dipyridamole
 jantoven
 prasugrel
 warfarin

CHOLESTEROL LOWERING

amlodipine/atorvastatin
atorvastatin
cholestyramine
cholestyramine light
colesevelam
colestipol
ezetimibe
ezetimibe/simvastatin
fenofibrate
fenofibric acid
fenofibric acid dr
fluvastatin
fluvastatin er
gemfibrozil
icosapent ethyl
lovastatin
niacin
niacin er
pravastatin
prevalite
rosuvastatin
simvastatin

HIGH BLOOD PRESSURE

acebutolol
amlodipine
amlodipine/atorvastatin
amlodipine/benazepril
amlodipine/olmesartan
amlodipine/olmesartan/
hctz
amlodipine/telmisartan
amlodipine/valsartan
amlodipine/valsartan/hctz
atenolol
atenolol/chlorthalidone
Benazepril
benazepril/hctz
betaxolol
bisoprolol
bisoprolol/hctz
candesartan
candesartan/hctz

Captopril
captopril/hctz
cartia xt
chlorothiazide
chlorthalidone
dilt xr
diltiazem
diltiazem cd
diltiazem er
Enalapril
enalapril/hctz
eprosartan
felodipine er
Fosinopril
fosinopril/hctz
hydrochlorothiazide
indapamide
irbesartan
irbesartan/hctz
isradipine
Lisinopril
lisinopril/hctz
losartan
losartan/hctz
matzim la
metolazone
metoprolol succinate er
metoprolol tartrate
metoprolol/hctz
Moexipril
nadolol
nadolol/
bendroflumethiazide
nebivolol
nicardipine
nifedipine
nifedipine er
nisoldipine er
olmesartan
olmesartan/hctz
Perindopril
pindolol
propranolol
propranolol er
propranolol/hctz
Quinapril
quinapril/hctz
ramipril
taztia xt
telmisartan
telmisartan/hctz
tiadylt er

timolol
trandolapril
trandolapril/
verapamil er
valsartan
valsartan/hctz
verapamil
verapamil er
verapamil er pm
verapamil sr

MALARIA

atovaquone/proguanil
chloroquine
mefloquine
primaquine

MISC ANTIVIRALS

emtricitabine/tenofovir (TDF)
200mg/300mg

OBESITY

benzphetamine
diethylpropion
diethylpropion er
phendimetrazine
phentermine er
phentermine

SMOKING-CESSATION*

bupropion sr 150mg
nicotine gum, lozenges and
patches
varenicline

VITAMINS OR MINERALS

folic acid*
generic prenatal vitamins
generic pediatric multivitamins
with fluoride*

*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

Obesity medications are not covered by all plans. Please check your certificate or other benefit information for more coverage information.

Express Scripts administers your prescription benefit on behalf of Medical Mutual. For specific questions on coverage, please call the phone number on your ID card or log in to My Health Plan at [MedMutual.com/member](https://www.MedMutual.com/member) and click Benefits & Coverage , then Prescription Drug Benefits.

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