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## Understanding **Medication Adherence**



# What is Medication Adherence?

Taking medications as directed by your doctor or healthcare provider is often referred to as medication adherence. This includes filling or refilling your prescription(s), taking the correct amount of medicine at the correct time, and following any other instructions from your provider. Paying attention to medication adherence is vitally important in making sure the medicines you take do what they are intended to do.

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