



MEDICAL MUTUAL®

MedMutual Advantage
HMO and PPO Plans
2023 Step Therapy Criteria

CONSTIPATION AGENTS - PST

Products Affected

Step 1:

- Linzess 145 mcg capsule
- Linzess 290 mcg capsule
- Linzess 72 mcg capsule
- Trulance 3 mg tablet

Step 2:

- Motegrity 1 mg tablet
- Motegrity 2 mg tablet

Details

Criteria	If the patient has tried one Step 1 product, approve the requested step 2 drug.
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DEXTROMETHORPHAN/BUPROPION

Products Affected

Step 1:

- bupropion HCl 100 mg tablet
- bupropion HCl 75 mg tablet
- bupropion HCl SR 100 mg tablet, 12 hr sustained-release
- bupropion HCl SR 150 mg tablet, 12 hr sustained-release
- bupropion HCl SR 200 mg tablet, 12 hr sustained-release
- bupropion HCl XL 150 mg 24 hr tablet, extended release
- bupropion HCl XL 300 mg 24 hr tablet, extended release
- citalopram 10 mg tablet
- citalopram 10 mg/5 mL oral solution
- citalopram 20 mg tablet
- citalopram 40 mg tablet
- desvenlafaxine succinate ER 100 mg tablet, extended release 24 hr
- desvenlafaxine succinate ER 25 mg tablet, extended release 24 hr
- desvenlafaxine succinate ER 50 mg tablet, extended release 24 hr
- duloxetine 20 mg capsule, delayed release
- duloxetine 30 mg capsule, delayed release
- duloxetine 60 mg capsule, delayed release
- escitalopram 10 mg tablet
- escitalopram 20 mg tablet
- escitalopram 5 mg tablet
- escitalopram 5 mg/5 mL oral solution
- fluoxetine (PMDD) 10 mg tablet
- fluoxetine (PMDD) 20 mg tablet
- fluoxetine 10 mg capsule
- fluoxetine 10 mg tablet
- fluoxetine 20 mg capsule
- fluoxetine 20 mg tablet
- fluoxetine 20 mg/5 mL (4 mg/mL) oral solution
- fluoxetine 40 mg capsule
- fluoxetine 90 mg capsule, delayed release
- fluvoxamine 100 mg tablet
- fluvoxamine 25 mg tablet
- fluvoxamine 50 mg tablet
- fluvoxamine ER 100 mg capsule, extended release 24 hr
- fluvoxamine ER 150 mg capsule, extended release 24 hr
- nefazodone 100 mg tablet
- nefazodone 150 mg tablet
- nefazodone 200 mg tablet
- nefazodone 250 mg tablet
- nefazodone 50 mg tablet
- paroxetine 10 mg tablet
- paroxetine 10 mg/5 mL oral suspension
- paroxetine 20 mg tablet
- paroxetine 30 mg tablet
- paroxetine 40 mg tablet
- paroxetine ER 12.5 mg tablet, extended release 24 hr
- paroxetine ER 25 mg tablet, extended release 24 hr
- paroxetine ER 37.5 mg tablet, extended release 24 hr
- sertraline 100 mg tablet
- sertraline 20 mg/mL oral concentrate
- sertraline 25 mg tablet
- sertraline 50 mg tablet
- venlafaxine 100 mg tablet
- venlafaxine 25 mg tablet
- venlafaxine 37.5 mg tablet
- venlafaxine 50 mg tablet
- venlafaxine 75 mg tablet
- venlafaxine ER 150 mg capsule, extended release 24 hr
- venlafaxine ER 37.5 mg capsule, extended release 24 hr
- venlafaxine ER 75 mg capsule, extended release 24 hr
- vilazodone 10 mg tablet
- vilazodone 20 mg tablet
- vilazodone 40 mg tablet

Step 2:

- Auvelity 45 mg-105 mg tablet, extended release

Details

Criteria	Approve if the patient has tried a generic SSRI OR SNRI AND separately tried bupropion. Approve Auvelity if the patient has suicidal ideation without a trial of a Step 1 drug. Approve Auvelity if the patient is currently receiving Auvelity or has taken Auvelity in the past.
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HMG CO-A REDUCTASE INHIBITORS

Products Affected

Step 1:

- amlodipine 10 mg-atorvastatin 10 mg tablet
- amlodipine 10 mg-atorvastatin 20 mg tablet
- amlodipine 10 mg-atorvastatin 40 mg tablet
- amlodipine 10 mg-atorvastatin 80 mg tablet
- amlodipine 2.5 mg-atorvastatin 10 mg tablet
- amlodipine 2.5 mg-atorvastatin 20 mg tablet
- amlodipine 2.5 mg-atorvastatin 40 mg tablet
- amlodipine 5 mg-atorvastatin 10 mg tablet
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- atorvastatin 10 mg tablet
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- ezetimibe 10 mg-simvastatin 10 mg tablet
- ezetimibe 10 mg-simvastatin 20 mg tablet
- ezetimibe 10 mg-simvastatin 40 mg tablet
- ezetimibe 10 mg-simvastatin 80 mg tablet
- fluvastatin 20 mg capsule
- fluvastatin 40 mg capsule
- lovastatin 10 mg tablet
- lovastatin 20 mg tablet
- lovastatin 40 mg tablet
- pravastatin 10 mg tablet
- pravastatin 20 mg tablet
- pravastatin 40 mg tablet
- pravastatin 80 mg tablet
- rosuvastatin 10 mg tablet
- rosuvastatin 20 mg tablet
- rosuvastatin 40 mg tablet
- rosuvastatin 5 mg tablet
- simvastatin 10 mg tablet
- simvastatin 20 mg tablet
- simvastatin 40 mg tablet
- simvastatin 5 mg tablet
- simvastatin 80 mg tablet

Step 2:

- Livalo 1 mg tablet
- Livalo 2 mg tablet
- Livalo 4 mg tablet

Details

Criteria	If the patient has tried one step 1 drug, approve Livalo. If the patient has tried a brand name version of the step 1 generic drug in the past, approve Livalo without a trial of a step 1 drug.
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ORAL BISPHOSPHONATES

Products Affected

Step 1:

- alendronate 10 mg tablet
- alendronate 35 mg tablet
- alendronate 70 mg tablet
- alendronate 70 mg/75 mL oral solution
- ibandronate 150 mg tablet
- risedronate 150 mg tablet
- risedronate 30 mg tablet
- risedronate 35 mg tablet
- risedronate 35 mg tablet (12 pack)
- risedronate 35 mg tablet (4 pack)
- risedronate 35 mg tablet, delayed release
- risedronate 5 mg tablet

Step 2:

- Fosamax Plus D 70 mg-2,800 unit tablet
- Fosamax Plus D 70 mg-5,600 unit tablet

Details

Criteria	If the patient has tried two Step 1 drugs, approve the requested Step 2 drug.
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