



# MEDICAL MUTUAL®

## July 1, 2019 – Additions to Step Therapy Program (Coverage Management)

COMMON USE	DRUG CLASSIFICATION
High cholesterol	Bile acid sequestrants
PLAN-PREFERRED FIRST-LINE ALTERNATIVES	SECOND LINE
Cholestyramine, Colestipol, Prevalite	Colestid, Questran, Questran Light, Welchol
COMMON USE	DRUG CLASSIFICATION
Inflammation/Pain	COX-2 inhibitors (non-steroidal anti-inflammatory drugs, or NSAIDs)
PLAN-PREFERRED FIRST-LINE ALTERNATIVES	SECOND LINE
<p><b><u>Brand or generic oral NSAIDs (must try two)</u></b>            For example: Diclofenac (IR and ER), Etodolac (IR and ER), Fenoprofen, Flurbiprofen, Ibuprofen, Indomethacin (IR and ER), Ketoprofen (IR and ER), Ketorolac, Meclofenamate, Mefenamic Acid, Meloxicam, Nabumetone, Naproxen (IR and ER), Oxaprozin, Piroxicam, Sulindac, Tolmetin, Diclofenac Sodium/Misoprostol</p>	Celecoxib, Celebrex
COMMON USE	DRUG CLASSIFICATION
Treatment of symptoms from adrenal tumor	Pheochromocytoma agents
PLAN-PREFERRED FIRST-LINE ALTERNATIVES	SECOND LINE
<p><b><u>Step 1:</u></b> Alpha blockers (Doxazosin, Prazosin, Terazosin)  <b><u>Step 2:</u></b> Dibenzylamine/Phenoxybenzamine</p>	Demser (metyrosine)
COMMON USE	DRUG CLASSIFICATION
Treatment of symptoms from adrenal tumor	Pheochromocytoma agents
PLAN-PREFERRED FIRST-LINE ALTERNATIVES	SECOND LINE
Phenoxybenzamine generic	Dibenzylamine (phenoxybenzamine)
COMMON USE	DRUG CLASSIFICATION
Irritable bowel syndrome	Gastrointestinal agents (Constipation)
PLAN-PREFERRED FIRST-LINE ALTERNATIVES	SECOND LINE
Amitiza, Linzess	Trulance

COMMON USE	DRUG CLASSIFICATION
Eye allergies	Ophthalmic anti-allergy preparations
PLAN-PREFERRED FIRST-LINE ALTERNATIVES	SECOND LINE
Azelastine, Epinastine, Olopatadine	Alrex, Bepreve, Elestat, Emadine, Lastacraft, Optivar, Pataday, Patanol, Pazeo, Zerviate
COMMON USE	DRUG CLASSIFICATION
Constipation due to opioid medications	Opioid-induced constipation agents
PLAN-PREFERRED FIRST-LINE ALTERNATIVES	SECOND LINE
Amitiza, Movantik, Symproic	Relistor tablets, injection
COMMON USE	DRUG CLASSIFICATION
Urinary incontinence	Overactive bladder agents
PLAN-PREFERRED FIRST-LINE ALTERNATIVES	SECOND LINE
Darifenacin ER, Oxybutynin IR, Oxybutynin ER, Tolterodine, Tolterodine ER, Trospium, Trospium ER	Detrol, Detrol LA, Ditropan XL, Enablex, Gelnique, Myrbetriq, Oxytrol, Sanctura, Sanctura XR, Toviaz, Vesicare
COMMON USE	DRUG CLASSIFICATION
Gout	Anti-gout agents
Allopurinol	Uloric