



MEDICAL MUTUAL®

2021 Standard Plus Preventive Medications List (Generics only)

In addition to a healthy lifestyle, getting preventive care and taking preventive medications can be an important step people take to avoid many illnesses and maintain good health.

Medical Mutual has adopted the following list of preventive medications to support this goal. This list provides examples of commonly prescribed preventive medications. We grouped the medications together based on the medical conditions they are used to prevent. This is not an all-inclusive list; only examples of drugs in each category are listed. This list also does not guarantee coverage of a particular drug or describe the type of payment you may owe. Depending on your plan, you may not have to pay a copay, coinsurance or deductible amount for preventive medications. For more information about your cost of coverage, please check with your plan administrator and/or benefit information materials.

If you have questions about your preventive medication benefits, please call Customer Care at the number on your health plan identification (ID) card.

ASTHMA/COPD

albuterol
budesonide
cromolyn oral inhalation
ipratropium/albuterol oral inhalation
ipratropium oral inhalation
fluticasone/salmeterol
levabuterol
metaproterenol
montelukast
terbutaline
theophylline
wixela inhub
zafirlukast
zileuton ER

BONE DISEASE AND FRACTURES

alendronate
ibandronate
raloxifene
risedronate
zoledronic acid 5mg

CAVITIES

sodium fluoride rinse, gel, cream, paste, tabs and drops

COLONOSCOPY PREPARATION*

polyethylene glycol

DEPRESSION

citalopram
escitalopram
fluoxetine
paroxetine
paroxetine er
sertraline

DIABETES

acarbose
glimepiride
glipizide er
glipizide/metformin
glyburide
glyburide/metformin
metformin er
miglitol
nateglinide pioglitazone
pioglitazone/glimepiride
pioglitazone/metformin

repaglinide
repaglinide/metformin
tolbutamide

HEART DISEASE AND STROKE

BLOODTHINNER MEDICINES

aspirin, 81mg or 325mg*
aspirin-dipyridamole ER
clopidogrel
prasugrel
warfarin

CHOLESTEROL-LOWERING MEDICINES

atorvastatin
cholestyramine
cholestyramine light
colesevelam
colestipol
ezetimibe
ezetimibe/simvastatin
fenofibrate
fenofibric acid
fluvastatin
gemfibrozil
lovastatin
niacin
pravastatin
prevalite
rosuvastatin
simvastatin

HIGH BLOOD PRESSURE

acebutolol
amlodipine
amlodipine/atorvastatin
amlodipine/benazepril
amlodipine/olmesartan
amlodipine/olmesartan/HCTZ
amlodipine/telmisartan
amlodipine/valsartan
amlodipine/valsartan/HCTZ
atenolol
atenolol/chlorthalidone
benazepril
benazepril/HCTZ
betaxolol
bisoprolol
bisoprolol/HCTZ
candesartan
candesartan/HCTZ
captopril
captopril/HCTZ
chlorothiazide
chlorthalidone

HIGH BLOOD PRESSURE (cont'd.)

diltiazem
enalapril
enalapril/HCTZ
eprosartan
felodipine ER
fosinopril
fosinopril/HCTZ
hydrochlorothiazide
indapamide
irbesartan
irbesartan/HCTZ
isradapine
lisinopril
lisinopril/HCTZ
losartan
losartan/HCTZ
metolazone
metoprolol succinate
metoprolol tartrate
metoprolol/HCTZ
moexipril
moexipril/HCTZ
nadolol
nadolol/bendroflumethiazide
nicardipine
nifedipine
nisoldipine ER
olmesartan
olmesartan/HCTZ
perindopril
pindolol
propranolol
propranolol/HCTZ
quinapril
quinapril/HCTZ
ramipril
telmisartan
telmisartan/HCTZ
timolol
trandolapril
trandolapril/verapamil
valsartan
valsartan/HCTZ
verapamil

MALARIA

atovaquone/proguanil
chloroquine
mefloquine

SMOKING CESSATION*

bupropion SR 150mg
nicotine gum, lozenges and patches

VITAMINS OR MINERALS

folic acid*
generic prescription prenatal vitamins
generic pediatric multivitamins with fluoride*

*Please note that some of these medications are also subject to the Affordable Care Act and may be covered by your plan at 100%.

Express Scripts administers your prescription benefit on behalf of Medical Mutual. For specific questions on coverage, please call the phone number on your ID card or log in to My Health Plan at MedMutual.com/member and click Benefits & Coverage, then Prescription Drug Benefits.

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