



# MEDICAL MUTUAL®

## 2022 Standard Plus Preventive Medications List (Generics Only)

In addition to a healthy lifestyle, getting preventive care and taking preventive medications can be an important step people take to avoid many illnesses and maintain good health.

Medical Mutual has adopted the following list of preventive medications to support this goal. This list provides examples of commonly prescribed preventive medications. We grouped the medications together based on the medical conditions they are used to prevent. This is not an all inclusive list; only examples of drugs in each category are listed. This list also does not guarantee coverage of a particular drug or describe the type of payment you may owe. Depending on your plan, you may not have to pay a copay, coinsurance or deductible amount for preventive medications. For more information about your cost of coverage, please check with your plan administrator and/or benefit information materials.

If you have questions about your preventive medication benefits, please call Customer Care at the number on your health plan identification (ID) card.

<p><b>ASTHMA/COPD</b>            arformoterol            albuterol HFA            albuterol nebulizer solution            albuterol oral            budesonide oral inhalation            cromolyn nebulizer solution            ipratropium/albuterol nebulizer solution            ipratropium nebulizer solution            formoterol            levabuterol nebulizer solution            metaproterenol            montelukast            terbutaline oral            theophylline            wixela inhub            zafirlukast            zileuton er</p>	<p><b>BONE DISEASE AND FRACTURES</b>            alendronate            ibandronate            raloxifene            risedronate            risedronate dr            zoledronic acid 5mg</p> <p><b>CAVITIES</b>            periomed            sodium fluoride rinse, gel, cream, paste, tabs and drops</p> <p><b>COLONOSCOPY PREPARATION*</b>            gavilyte-c            gavilyte-g            gavilyte-n            polyethylene glycol            trilyte</p>	<p><b>DEPRESSION</b>            citalopram            escitalopram            fluoxetine            fluoxetine dr            fluvoxamine            fluvoxamine er            paroxetine            paroxetine er            sertraline</p> <p><b>DIABETES</b>            acarbose            generic syringes, lancets and needles            glimepiride            glipizide            glipizide er            glipizide/metformin            glyburide            glyburide micronized            glyburide/metformin            metformin            metformin er</p>
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<p>miglitol nateglinide pioglitazone pioglitazone/glimepiride pioglitazone/metformin repaglinide repaglinide/metformin</p> <p><b>HEART DISEASE AND STROKE</b></p> <p><b>BLOOD THINNERS</b> aspirin, 81 mg &amp; 325 mg* aspirin-dipyridamole er clopidogrel dipyridamole prasugrel warfarin</p> <p><b>CHOLESTEROL LOWERING</b></p> <p><b>HMG-COA REDUCTASE INHIBITORS*</b> atorvastatin fluvastatin fluvastatin er lovastatin pravastatin rosuvastatin simvastatin</p> <p><b>OTHER CHOLESTEROL LOWERING AGENTS</b> amlodipine/atorvastatin cholestyramine cholestyramine light colesevelam colestipol ezetimibe ezetimibe/simvastatin fenofibrate fenofibric acid fenofibric acid dr gemfibrozil icosapent ethyl niacin prevalite</p>	<p><b>HIGH BLOOD PRESSURE ACE INHIBITORS</b> benazepril captopril enalapril fosinopril lisinopril moexipril perindopril quinapril ramipril trandolapril</p> <p><b>ACE INHIBITORS/DIURETIC COMBINATIONS</b> benazepril/hctz captopril/hctz enalapril/hctz fosinopril/hctz lisinopril/hctz moexipril/hctz quinapril/hctz</p> <p><b>ANGIOTENSIN II RECEPTOR ANTAGONISTS</b> candesartan eprosartani irbesartan losartan olmesartan telmisartan valsartan</p> <p><b>ANGIOTENSIN II RECEPTOR ANTAGONISTS/DIURETIC COMBINATIONS</b> candesartan/hctz irbesartan/hctz losartan/hctz olmesartan/hctz telmisartan/hctz valsartan/hctz</p>	<p><b>BETA BLOCKERS</b> acebutolol atenolol betaxolol bisoprolol metoprolol succinate er metoprolol tartrate nadolol pindolol propranolol propranolol er timolol</p> <p><b>BETA BLOCKER/DIURETIC COMBINATIONS</b> atenolol/chlorthalidone bisoprolol/hctz metoprolol/hctz nadolol/bendroflumethiazide propranolol/hctz</p> <p><b>CALCIUM CHANNEL BLOCKERS</b> amlodipine cartia xt diltiazem diltiazem cd diltiazem er felodipine er isradipine matzim la nicardipine nifedipine nifedipine er nisoldipine er tiadylt er taztia xt verapamil verapamil er verapamil er pm verapamil sr</p>
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<p><b>DIURETICS</b>  chlorothiazide  chlorthalidone  hydrochlorothiazide  indapamide  metolazone</p> <p><b>OTHER HIGH BLOOD PRESSURE COMBINATIONS</b>  amlodipine/atorvastatin  amlodipine/benazepril  amlodipine/olmesartan  amlodipine/olmesartan/hctz  amlodipine/telmisartan  amlodipine/valsartan  amlodipine/valsartan/hctz  trandolapril/verapamil er</p>	<p><b>MALARIA</b>  atovaquone/proguanil  chloroquine  mefloquine  primaquine</p> <p><b>MISC ANTIVIRALS</b>  emtricitabine/tenofovir (TDF)  200mg/300mg</p> <p><b>SMOKING-CESSATION*</b>  bupropion sr 150mg  nicotine gum, lozenges and patches</p>	<p><b>VITAMINS OR MINERALS</b>  folic acid*  generic prenatal vitamins  generic pediatric multivitamins with fluoride*</p>
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†Obesity medications are not covered by all plans. Please check your certificate or other benefit information for more coverage information.

\*Please note that some of these medications are also subject to the Affordable Care Act and may be covered by your plan at 100%.

**Express Scripts manages your prescription benefit for your employer, plan sponsor or health plan. For specific questions on coverage, please call the phone number on your ID card or log into My Health Plan at [MedMutual.com/member](https://www.MedMutual.com/member) and click Benefits & Coverage, then Prescription Drug Benefits.**

Please note: Brand names are shown in ALL CAPITALS in each category. If a generic is available, it is listed in lower-case letters with the brand name.

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