

## 2026 Standard Plus Preventive Medications List (Generics Only)

In addition to a healthy lifestyle, getting preventive care and taking preventive medications can be an important step people take to avoid many illnesses and maintain good health.

Medical Mutual has adopted the following list of preventive medications to support this goal. This list provides examples of commonly prescribed preventive medications. We grouped the medications together based on the medical conditions they are used to prevent. This is not an all-inclusive list; only examples of medications in each category are listed. This list also does not guarantee coverage of a particular medication or describe the type of payment you may owe. Depending on your plan, you may not have to pay a copay, coinsurance or deductible amount for preventive medications. For more information about your cost of coverage, please check with your plan administrator and/or benefit information materials.

If you have questions about your preventive medication benefits, please call Customer Care at the number on your health plan identification.

### ASTHMA/COPD

arformoterol  
 albuterol HFA  
 albuterol nebulizer solution  
 albuterol oral  
 breyna  
 budesonide oral inhalation  
 budesonide/formoterol  
 cromolyn nebulizer solution  
 fluticasone/salmeterol  
 inhalation powder formoterol  
 ipratropium/albuterol  
 nebulizer solution  
 ipratropium nebulizer solution  
 levabuterol nebulizer solution  
 and concentrate  
 montelukast  
 roflumilast  
 terbutaline oral  
 theophylline  
 theophylline er  
 tiotropium cap-inhaler  
 wixela inhub  
 zafirlukast

### BONE DISEASE AND FRACTURES

alendronate  
 ibandronate oral  
 raloxifene  
 risedronate  
 risedronate dr  
 zoledronic acid 5mg

### CAVITIES

periomed  
 sodium fluoride rinse, gel,  
 cream, paste, tabs and drops

### COLONOSCOPY PREPARATION\*

gavilyte-c  
 gavilyte-g  
 gavilyte-n  
 PEG-3350/electrolytes  
 sodium, potassium and  
 magnesium sulfates

### DEPRESSION

citalopram  
 escitalopram  
 fluoxetine  
 fluoxetine dr  
 fluvoxamine  
 fluvoxamine er  
 paroxetine  
 paroxetine er  
 sertraline

### DIABETES

acarbose  
 exenatide  
 generic syringes, lancets  
 and needles  
 glimepiride  
 glipizide  
 glipizide er and xl  
 glipizide/metformin  
 glyburide  
 glyburide/metformin  
 glyburide micronized  
 liraglutide  
 metformin  
 metformin er  
 metformin solution miglitol  
 nateglinide  
 pioglitazone  
 pioglitazone/glimepiride  
 pioglitazone/metformin  
 repaglinide  
 saxagliptin  
 saxagliptin/metformin er

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## HEART DISEASE AND STROKE

### BLOOD THINNERS

aspirin, 81 mg\* & 325 mg  
aspirin-dipyridamole er  
clopidogrel  
dabigatran  
dipyridamole  
jantoven  
prasugrel  
rivaroxaban  
ticagrelor  
warfarin

### CHOLESTEROL LOWERING

amlodipine/atorvastatin  
atorvastatin  
cholestyramine cholestyramine  
light colesevelam  
colestipol  
ezetimibe  
ezetimibe/simvastatin  
fenofibrate  
fenofibric acid  
fenofibric acid dr  
fluvastatin  
fluvastatin er  
gemfibrozil  
icosapent ethyl  
lovastatin  
niacin  
niacin er  
pitavastatin  
pravastatin  
prevalit  
rosuvastatin  
simvastatin

### HIGH BLOOD PRESSURE (HBP)

acebutolol  
amlodipine  
atenolol  
atenolol/chlorthalidone  
benazepril  
benazepril/hctz  
betaxolol  
bisoprolol  
bisoprolol/hctz  
candesartan  
candesartan/hctz  
captopril  
captopril/hctz

## HIGH BLOOD PRESSURE (HBP) (continued)

cartia xt  
chlorthalidone  
diltiazem  
diltiazem cd  
diltiazem er  
enalapril  
enalapril/hctz  
eprosartan  
felodipine er  
fosinopril  
fosinopril/hctz  
hydrochlorothiazide  
indapamide  
irbesartan  
irbesartan/hctz  
isradipine  
lisinopril  
lisinopril/hctz  
losartan  
losartan/hctz  
matzim la  
metolazone  
metoprolol/hctz  
metoprolol succinate er  
metoprolol tartrate  
moexipril  
nadolol  
nebivolol  
nicardipine  
nifedipine  
nifedipine er  
nisoldipine er  
olmesartan  
olmesartan/hctz  
perindopril  
pindolol  
propranolol  
propranolol er  
propranolol/hctz  
quinapril  
quinapril/hctz  
ramipril  
telmisartan  
telmisartan/hctz  
tiadylt er  
timolol  
trandolapril  
valsartan  
valsartan/hctz

## HIGH BLOOD PRESSURE (HBP) (continued)

verapamil  
verapamil er  
verapamil er pm  
verapamil sr

### OTHER HBP & COMBINATIONS

amlodipine/atorvastatin  
amlodipine/benazepril  
amlodipine/olmesartan  
amlodipine/olmesartan/  
hctz amlodipine/valsartan  
amlodipine/valsartan/hctz  
trandolapril/verapamil er

### MALARIA

atovaquone/proguanil  
chloroquine  
mefloquine  
primaquine

### MISC ANTIVIRALS

emtricitabine/tenofovir  
disoproxil fumarate (TDF)  
200mg/300mg\*

### SMOKING CESSATION\*

bupropion sr 150mg  
nicotine gum, lozenges  
and patches  
vareniclin

### VITAMINS OR MINERALS

folic acid\*  
generic prenatal vitamins  
generic pediatric multivitamins  
with flouride\*

\*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

**Express Scripts® Pharmacy Benefit Services manages your prescription benefit for your employer, plan sponsor or health plan. For specific questions on coverage, please call the phone number on your ID card or log into My Health Plan at [MedMutual.com/member](https://www.MedMutual.com/member) and click Benefits & Coverage, then Prescription Drug Benefits.**

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