

2026 Standard Plus Preventive Medications List (Generics Only)

In addition to a healthy lifestyle, getting preventive care and taking preventive medications can be an important step people take to avoid many illnesses and maintain good health.

Medical Mutual has adopted the following list of preventive medications to support this goal. This list provides examples of commonly prescribed preventive medications. We grouped the medications together based on the medical conditions they are used to prevent. This is not an all-inclusive list; only examples of medications in each category are listed. This list also does not guarantee coverage of a particular medication or describe the type of payment you may owe. Depending on your plan, you may not have to pay a copay, coinsurance or deductible amount for preventive medications. For more information about your cost of coverage, please check with your plan administrator and/or benefit information materials.

If you have questions about your preventive medication benefits, please call customer Care at the number on your health plan identification.

ASTHMA/COPD

 arformoterol
 albuterol HFA
 albuterol nebulizer solution
 albuterol oral
 breyna
 budesonide oral inhalation
 budesonide/formoterol
 cromolyn nebulizer solution
 fluticasone/salmeterol
 inhalation powder formoterol
 ipratropium/albuterol
 nebulizer solution
 ipratropium nebulizer solution
 levabuterol nebulizer solution
 and concentrate
 montelukast
 roflumilast
 terbutaline oral
 theophylline
 theophylline er
 tiotropium cap-inhaler
 wixela inhub
 zafirlukast

BONE DISEASE AND FRACTURES

 alendronate
 ibandronate oral
 raloxifene
 risedronate
 risedronate dr
 zoledronic acid 5mg

CAVITIES

 periomed
 sodium fluoride rinse, gel,
 cream, paste, tabs and drops

COLONOSCOPY PREPARATION*

 gavilyte-c
 gavilyte-g
 gavilyte-n
 PEG-3350/electrolytes
 sodium, potassium and
 magnesium sulfates

DEPRESSION

 citalopram
 escitalopram
 fluoxetine
 fluoxetine dr
 fluvoxamine
 fluvoxamine er
 paroxetine
 paroxetine er
 sertraline

DIABETES

 acarbose
 exenatide
 generic syringes, lancets
 and needles
 glimepiride
 glipizide
 glipizide er and xl
 glipizide/metformin
 glyburide
 glyburide/metformin
 glyburide micronized
 liraglutide
 metformin
 metformin er
 metformin solution
 miglitol nateglinide
 pioglitazone
 pioglitazone/glimepiride
 pioglitazone/metformin
 repaglinide saxagliptin
 saxagliptin/metformin er

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HEART DISEASE AND STROKE	HIGH BLOOD PRESSURE (HBP) (continued)	HIGH BLOOD PRESSURE (HBP) (continued)
BLOOD THINNERS		
aspirin, 81 mg* & 325 mg	cartia xt	verapamil
aspirin-dipyridamole er	chlorthalidone	verapamil er
clopidogrel	diltiazem	verapamil er pm
dabigatran	diltiazem cd	verapamil sr
dipyridamole	diltiazem er	
jantoven	enalapril	OTHER HBP & COMBINATIONS
prasugrel	enalapril/hctz	amlodipine/atorvastatin
rivaroxaban	eprosartan	amlodipine/benazepril
ticagrelor	felodipine er	amlodipine/olmesartan
warfarin	fosinopril	amlodipine/olmesartan/ hctz
	fosinopril/hctz	amlodipine/valsartan/hctz
CHOLESTEROL LOWERING	hydrochlorothiazide	trandolapril/verapamil er
amlodipine/atorvastatin	indapamide	
atorvastatin	irbesartan	MALARIA
cholestyramine cholestyramine	irbesartan/hctz	atovaquone/proguanil
light colessevelam	isradipine	chloroquine
colestipol	lisinopril	mefloquine
ezetimibe	lisinopril/hctz	primaquine
ezetimibe/simvastatin	losartan	MISC ANTIVIRALS
fenofibrate	losartan/hctz	emtricitabine/tenofovir
fenofibric acid	matzim la	disoproxil fumarate (TDF) 200mg/300mg*
fenofibric acid dr	metolazone	
fluvastatin	metoprolol/hctz	SMOKING-CESSATION*
fluvastatin er	metoprolol succinate er	bupropion sr 150mg
gemfibrozil	metoprolol tartrate	nicotine gum, lozenges and patches
icosapent ethyl	moexipril	vareniclin
lovastatin	nadolol	
niacin	nebivolol	VITAMINS OR MINERALS
niacin er	nicardipine	folic acid*
pitavastatin	nifedipine	generic prenatal vitamins
pravastatin	nifedipine er	generic pediatric multivitamins with flouride*
prevalit	nisoldipine er	
rosuvastatin	olmesartan	
simvastatin	olmesartan/hctz	
HIGH BLOOD PRESSURE (HBP)	perindopril	
acebutolol	pindolol	
amlodipine	propranolol	
atenolol	propranolol er	
atenolol/chlorthalidone	propranolol/hctz	
benazepril	quinapril	
benazepril/hctz	quinapril/hctz	
betaxolol	ramipril	
bisoprolol	telmisartan	
bisoprolol/hctz	telmisartan/hctz	
candesartan	tiadylt er	
candesartan/hctz	timolol	
captopril	trandolapril	
captopril/hctz	valsartan	
	valsartan/hctz	

*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

Express Scripts by Evernorth® manages your prescription benefit for your employer, plan sponsor or health plan. For specific questions on coverage, please call the phone number on your ID card or log into My Health Plan at [MedMutual.com/member](https://www.MedMutual.com/member) and click Benefits & Coverage, then Prescription Drug Benefits.

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