

# Drug Policy

<b>Policy:</b>	<b>200805</b>	<b>Initial Effective Date: 12/01/2008</b>  <b>Annual Review Date: 05/16/2024</b>  <b>Last Revised Date: 05/16/2024</b>
<b>Code(s):</b>	<b>HCPCS J1438 and J3590<sup>†</sup></b>	
<b>SUBJECT:</b>	<b>Enbrel® (etanercept for subcutaneous [SC] injection )</b>  <b>Erelzi (etanercept-szzs)</b>  <b>Eticovo (etanercept-ykro)</b>	

☒ Subject to Site of Care

**Prior approval is required for some or all procedure codes listed in this Corporate Drug Policy.**

Initial and renewal requests for the medication(s) listed in this policy are subject to site of care management. When billed under the medical benefit, administration of the medication will be restricted to a non-hospital facility-based location (i.e., home infusion provider, provider's office, free-standing ambulatory infusion center) unless the member meets the site of care exception criteria. To view the exception criteria and a list of medications subject to site of care management please [click here](#).

## OVERVIEW

Etanercept products are tumor necrosis factor inhibitors (TNFis) approved for the following uses:<sup>1</sup>

- **Ankylosing spondylitis**, for reducing signs and symptoms in patients with active disease.
- **Juvenile idiopathic arthritis (JIA)**, for reducing the signs and symptoms of moderate or severe active polyarticular disease in patients  $\geq 2$  years of age.
- **Plaque psoriasis**, for treatment patients  $\geq 4$  years of age with chronic moderate to severe plaque psoriasis who are candidates for systemic therapy or phototherapy.
- **Psoriatic arthritis**,  $\pm$  methotrexate for reducing the signs and symptoms, inhibiting the progression of structural damage of active arthritis, and improving physical function.
- **Rheumatoid arthritis**,  $\pm$  methotrexate for reducing the signs and symptoms, inducing major clinical response, inhibiting the progression of structural damage, and improving physical function in patients with moderate or severe active disease.

## POLICY STATEMENT

This policy involves the use of etanercept. Prior authorization is recommended for medical benefit coverage of etanercept. Approval is recommended for those who meet the conditions of coverage in the **Criteria, Dosing, Initial/Extended Approval, Duration of Therapy**, and **Labs/Diagnostics** for the diagnosis provided. **Waste Management** applies for all covered conditions that are administered by a healthcare professional. **Conditions Not Recommended for Approval** are

# Drug Policy

listed following the recommended authorization criteria and Waste Management section. Requests for uses not listed in this policy will be reviewed for evidence of efficacy and for medical necessity on a case-by-case basis.

Because of the specialized skills required for evaluation and diagnosis of patients treated with etanercept as well as the monitoring required for AEs and long-term efficacy, initial approval requires etanercept be prescribed by or in consultation with a physician who specializes in the condition being treated. All approvals for initial therapy are provided for the initial approval duration noted below; if reauthorization is allowed, a response to therapy is required for continuation of therapy unless otherwise noted below.

## RECOMMENDED AUTHORIZATION CRITERIA

Coverage of etanercept is recommended in those who meet the following criteria:

### Food and Drug Administration (FDA)-Approved Indications

1. **Rheumatoid Arthritis (RA) in an Adult.** Approve if the patient meets the following criteria (a, b, and c):<sup>12</sup>
  - a) Patient has tried one disease-modifying antirheumatic drug (DMARD) (brand or generic; oral or injectable) for at least 3 months, [this includes patients who have tried other biologic DMARDs for at least 3 months];<sup>12</sup> NOTE: Examples include methotrexate (oral or injectable), leflunomide, hydroxychloroquine, and sulfasalazine. An exception to the requirement for a trial of one conventional synthetic DMARD can be made if the patient has already has a 3-month trial at least one biologic other than the requested drug. A biosimilar of the requested biologic does not count. Refer to Appendix for examples of biologics used for rheumatoid arthritis. A patient who has already tried a biologic for rheumatoid arthritis is not required to “step back” and try a conventional synthetic DMARD; AND
  - b) Enbrel is prescribed by or in consultation with a rheumatologist; AND
  - c) Site of care medical necessity is met \*.

**Dosing in RA.** The recommended dosing per the FDA approved label is 50 mg once weekly administered subcutaneously with or without methotrexate.<sup>1</sup>

#### Initial Approval/Extended Approval.

- a) *Initial Approval:* 6 months (180 days).<sup>3</sup>
- b) *Extended Approval.* 1 year (365 days). Applies if the patient has responded (e.g., less joint pain, morning stiffness, or fatigue; improved function or activities of daily living; decreased soft tissue swelling in joints or tendon sheaths; improved laboratory values; reduced dosage of corticosteroids), as determined by the prescribing physician. The patient may not have a full response, but there should be some response to Enbrel.

2. **Ankylosing Spondylitis (AS).** Approve if Enbrel is prescribed by or in consultation with a rheumatologist AND site of care medical necessity is met \*.

**Dosing in AS.** The recommended dosing per the FDA approved label is 50 mg once weekly administered subcutaneously.<sup>1</sup>

# Drug Policy

## **Initial Approval/Extended Approval.**

- a) *Initial Approval:* 6 months (180 days).<sup>15</sup>
- b) *Extended Approval:* 1 year (365 days). Applies if the patient has had a response (e.g., decreased pain or stiffness, improved function, or activities of daily living), as determined by the provider. The patient may not have a full response, but there should have been a recent or past response to Enbrel.

### **3. Juvenile Idiopathic Arthritis (JIA) [or Juvenile Rheumatoid Arthritis {JRA}] (regardless of type of onset) [Note:** This includes patients with juvenile spondyloarthritis/active sacroiliac arthritis]. Approve if the patient meets the following criteria (a, b, and c):

- a) The patient meets one of the following conditions (i, ii, iii, or iv):
  - i. Patient has tried one other agent for this condition (e.g., MTX, sulfasalazine, or leflunomide, an NSAID, or a biologic DMARD [e.g., Humira® {adalimumab for subcutaneous (SC) injection}, Orenia® {abatacept for intravenous (IV) infusion}, Remicade® {infliximab for IV infusion}, Kineret® {anakinra for SC injection}, Actemra® {tocilizumab for IV infusion}]);<sup>16</sup> NOTE: A previous trial of a biologic (e.g., an adalimumab product [e.g., Humira], an infliximab product [e.g., Remicade, Renflexis, Inflectra], Actemra [tocilizumab IV infusion], Kineret [anakinra SC injection], or Orenia [abatacept IV infusion, abatacept SC injection]) also counts as a trial of one agent for JIA; OR
  - ii. Patient will be starting on Enbrel concurrently with MTX, sulfasalazine, or leflunomide; OR
  - iii. Patient has an absolute contraindication to MTX (e.g., pregnancy, breast feeding, alcoholic liver disease, immunodeficiency syndrome, blood dyscrasias), sulfasalazine, or leflunomide; OR
  - iv. Patient has aggressive disease, as determined by the prescribing physician;<sup>16</sup> AND
- b) Enbrel is prescribed by or in consultation with a rheumatologist; AND
- c) Site of care medical necessity is met\*.

**Dosing in JIA.** The recommended dosing per the FDA approved label is < 63 kg, 0.8 mg/kg weekly or ≥ 63 kg, 50 mg weekly administered subcutaneously.<sup>1</sup>

## **Initial Approval/Extended Approval.**

- a) *Initial Approval:* 6 months (180 days).
- b) *Extended Approval:* 1 year (365 days). Applies if the patient has had a response (e.g., has improvement in limitation of motion; less joint pain or tenderness; decreased duration of morning stiffness or fatigue; improved function or activities of daily living, reduced dosage of corticosteroids), as determined by the prescriber. The patient may not have a full response, but there should have been a recent or past response to Enbrel.

### **4. Plaque Psoriasis (PsO).** Approve if the patient meets the following criteria (a, b, c, and d):

- a) The patient is greater than or equal to 4 years of age; AND
- b) The patient meets one of the following conditions (i, ii, or iii):
  - i. The patient has tried at least one of the following agents for at least 3 months for plaque psoriasis: an oral therapy for psoriasis (e.g., MTX, cyclosporine, Soriatane® [acitretin tablets]); oral methoxsalen plus ultraviolet A light (PUVA); or a biologic agent (e.g., Humira, Remicade, or Stelara™ [ustekinumab for SC injection]);

# Drug Policy

NOTE: An exception to the requirement for a trial of one traditional systemic agent for psoriasis can be made if the patient has already has a 3-month trial or previous intolerance to at least one biologic (e.g., Cosentyx® [secukinumab SC injection], an adalimumab product [e.g., Humira], an infliximab product [e.g., Remicade, Renflexis, Inflectra], Siliq [brodalumab SC injection], Stelara® [ustekinumab SC injection], Taltz® [ixekizumab SC injection], or Tremfya [guselkumab SC injection]). These patients who have already tried a biologic for psoriasis are not required to “step back” and try a traditional systemic agent for psoriasis); OR

- ii. The patient experienced an intolerance to a trial of at least one oral or biologic therapy for plaque psoriasis (e.g., MTX, cyclosporine, Soriatane, Humira, Remicade, or Stelara); OR
  - iii. The patient has a contraindication to one oral agent for psoriasis such as MTX, as determined by the prescribing physician; AND
- c) Enbrel is prescribed by or in consultation with a dermatologist; AND
- d) Site of care medical necessity is met\*.

**Dosing in PsO.** The recommended adult dosing per the FDA approved label is 50 mg twice weekly for 3 months initially, followed by 50 mg once weekly administered subcutaneously. Enbrel dosing for patients between 4 and 17 years of age is based on their weight (0.8mg/Kg/week SQ), with a weekly limit of 50mg. <sup>1</sup>

#### **Initial Approval/Extended Approval.**

- a) *Initial Approval:* 3 months (90 days).
- b) *Extended Approval.* 1 year (365 days). Applies if the patient has had a response, as determined by the prescriber. The patient may not have a full response, but there should have been a recent or past response to Enbrel.

5. **Psoriatic Arthritis (PsA).** Approve if Enbrel is prescribed by or in consultation with a rheumatologist or a dermatologist AND site of care medical necessity is met\*.

**Dosing in PsA.** The recommended dosing per the FDA approved label is 50 mg once weekly administered subcutaneously with or without methotrexate.<sup>1</sup>

#### **Initial Approval/Extended Approval.**

- a) *Initial Approval:* 6 months (180 days).
- b) *Extended Approval.* 1 year (365 days). Applies if the patient has had a response, (e.g., less joint pain, morning stiffness, or fatigue; improved function or activities of daily living; decreased soft tissue swelling in joints or tendon sheaths; improvements in acute phase reactants [for example, C-reactive protein {CRP}]), as determined by the prescriber. The patient may not have a full response, but there should have been a recent or past response to Enbrel.

#### **Other Uses with Supportive Evidence**

6. **Behcet’s Disease.** Approve for 3 months if the patient meets the following criteria (a, b, and c):

# Drug Policy

- a) The patient has tried at least one conventional therapy (e.g., systemic corticosteroids, immunosuppressants [azathioprine, MTX, mycophenolate mofetil, tacrolimus, Leukeran® {chlorambucil}, cyclophosphamide, or cyclosporine], interferon alfa) or Humira or Remicade; NOTE: An exception to the requirement for a trial of one conventional therapy can be made if the patient has already had a trial of at least one biologic (e.g., an adalimumab product [e.g., Humira or infliximab product [e.g., Remicade, Renflexis, Inflectra]. These patients who have already tried a biologic for Behcet's disease are not required to "step back" and try a conventional therapy);
- b) Enbrel is prescribed by or in consultation with a rheumatologist, dermatologist, ophthalmologist, gastroenterologist, or neurologist; AND
- c) Site of care medical necessity is met\*.

In a 4-week placebo-controlled trial (n = 40), Enbrel was effective in controlling some of the mucocutaneous lesions in Behcet's disease; patients with serious organ involvement (e.g., eye, central nervous system, major arterial disease) were excluded.<sup>21</sup> Colchicine and thalidomide have been effective therapy for mucocutaneous symptoms. In other reports, Enbrel has been effective in resolution of severe mucocutaneous lesions.<sup>22</sup> Remicade seems to be more effective than Enbrel in disease manifestations of Behcet's disease other than mucocutaneous or joint involvement. EULAR recommendations for the management of Behcet's disease include Remicade use in refractory eye involvement.<sup>23</sup> Arthritis can be managed with colchicine, and TNF antagonists (Enbrel, Remicade) can be used in rare cases with resistant, longer lasting and disabling attacks. For mucocutaneous involvement, TNF antagonists may be used in resistant cases. Recommendations for the use of TNF blockers in ocular inflammatory disorders from the American Academy of Ophthalmology (AAO) [2014] note that Enbrel may be considered in Behcet's disease in patients with uveitis.<sup>24</sup>

**Dosing in Behcet's Disease.** 25 mg twice weekly.

## **Initial Approval/Extended Approval.**

- a) *Initial Approval:* 3 months (90 days).
- b) *Extended Approval:* 1 year (365 days). Applies if the patient has had a response per provider. The patient may not have a full response, but there should have been a recent or past response to Enbrel.

7. **Still's Disease** (systemic-onset RA in adults, the disease may have begun in childhood).<sup>27-28</sup> Approve if the patient meets the following criteria (a, b, c, and d):
- a) Patient has tried one corticosteroid; AND
  - b) Patient has tried one non-biologic DMARD such as MTX given for at least 2 months or was intolerant to a non-biologic DMARD; AND
  - c) Enbrel is prescribed by or in consultation with a rheumatologist; AND
  - d) Site of care medical necessity is met\*.

Still's disease presents in adults with features similar to those of systemic onset JIA.<sup>29</sup> In a 6-month open-label trial (n = 10), Enbrel therapy improved arthritis in 67% of patients with adult Still's disease who had been previously treated unsuccessfully with at least one DMARD.<sup>27</sup>

**Dosing in Still's Disease.** 25 mg twice weekly.



# Drug Policy

## **Initial Approval/Extended Approval.**

- a) *Initial Approval:* 6 months (180 days).
- b) *Extended Approval:* 1 year (365 days). Applies if the patient has had a response per provider. The patient may not have a full response, but there should have been a recent or past response to Enbrel.

**8. Spondyloarthritis (SpA), Subtypes Other than Ankylosing Spondylitis or Psoriatic Arthritis** (e.g., undifferentiated arthritis, non-radiographic axial SpA, Reactive Arthritis [Reiter's disease]) [NOTE: For AS or PsA, refer to the respective criteria under FDA-approved indications]: Approve for if BOTH of the following conditions are met (a, b, and c):

- a) The patient meets one of the following conditions (i or ii):
  - i. The patient has arthritis primarily in the knees, ankles, elbows, wrists, hands, and/or feet AND has tried at least ONE conventional synthetic disease-modifying antirheumatic drug (DMARD) [e.g., methotrexate {MTX}, leflunomide, sulfasalazine] has been tried; OR
  - ii. The patient has axial spondyloarthritis; AND
- b) Enbrel is prescribed by or in consultation with a rheumatologist; AND
- c) Site of care medical necessity is met\*.

**Dosing in Spondyloarthritis (SpA), Subtypes Other than Ankylosing Spondylitis or Psoriatic Arthritis.** 50 mg once weekly

## **Initial Approval/Extended Approval.**

- a) *Initial Approval:* 6 months (180 days).
- b) *Extended Approval.* 1 year (365 days). Applies if the patient has had a response per provider. The patient may not have a full response, but there should have been a recent or past response to Enbrel.

**9. Pyoderma Gangrenosum.** Approve for the duration noted if the patient meets ONE of the following (A or B):

- a) Initial Therapy. Approve for 4 months if the patient meets BOTH of the following criteria (i and ii):
  - i. The patient meets ONE of the following (a or b):
    - a) The patient has tried one systemic corticosteroid; OR  
Note: An example is prednisone.
    - b) The patient has tried one other immunosuppressant for at least 2 months or was intolerant to one of these agents;  
Note: Examples include mycophenolate mofetil and cyclosporine; AND
  - ii. The agent is prescribed by or in consultation with a dermatologist.
- b) Patients Currently Receiving an Etanercept Product. Approve for 1 year if the patient has responded to therapy, as determined by the prescriber.  
Note: There may not have been a full response, but there should be a recent or past response to an etanercept product.

**Dosing in Pyoderma Gangrenosum.** 25 mg twice weekly.

## **Initial Approval/Extended Approval.**

# Drug Policy

- a) *Initial Approval*: 4 months (120 days).
- b) *Extended Approval*: 1 year (365 days).

**10. Graft-Versus-Host Disease (GVHD).** Approve for the duration noted if the patient meets ONE of the following (A or B):

**A) Initial Therapy.** Approve for 1 month if the patient meets the following (i AND ii):

**i.** The patient meets the following condition:

- a) The patient has tried one conventional treatment for graft-versus-host disease (GVHD) [e.g., high-dose systemic corticosteroids, antithymocyte globulin, cyclosporine, thalidomide, tacrolimus, mycophenolate mofetil]; OR

Note: Examples of conventional treatments the patient may have tried or may be receiving include a high-dose corticosteroid (e.g., methylprednisolone), antithymocyte globulin, cyclosporine, Thalomid (thalidomide tablets), tacrolimus, and mycophenolate mofetil; AND

- ii. The agent is prescribed by or in consultation with an oncologist, hematologist, or a physician affiliated with a transplant center.

**B) Patients Currently Receiving an Etanercept Product.** Approve for 3 months if the patient has responded to therapy, as determined by the prescriber.

**Dosing in Graft-Versus-Host Disease (GVHD).** 0.4 mg/kg per dose given subcutaneously twice per week.

**Initial Approval/Extended Approval.**

- a) *Initial Approval*: 1 month (30 days).
- Extended Approval*: 3 months (90 days).

**11. Patient has been Established on Enbrel.** Approve for an indication or condition addressed as an approval in the Recommended Authorization Criteria section (FDA-Approved Indications and Other Uses with Supportive Evidence) if the patient has been taking Enbrel for  $\geq 90$  days. (In the professional opinion of specialist physicians reviewing the data, we have adopted this criterion.). Site of care medical necessity must be met\*.

**Duration of Therapy in Etanercept.** Until disease progression or unacceptable toxicities.

**Labs/Diagnostics.** None.

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**Waste Management for All Indications.**

Enbrel is available in 25 mg/0.5 ml or 50 mg/ml subcutaneous prefilled syringes.

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**CONDITIONS NOT RECOMMENDED FOR APPROVAL**

Etanercept has not been shown to be effective, or there are limited or preliminary data or potential safety concerns that are not supportive of general approval for the following conditions. (Note: This is not an exhaustive list of Conditions Not Recommended for Approval).

# Drug Policy

- 1. Concurrent Use with a Biologic DMARD or Targeted Synthetic DMARD:** Enbrel should not be administered in combination with another biologic or with a targeted synthetic DMARD used for an inflammatory condition (see [APPENDIX](#) for examples). Combination therapy is generally not recommended due to a higher rate of AEs with combinations and lack of data supportive of additional efficacy.<sup>47</sup> Note: This does NOT exclude the use of conventional synthetic DMARDs (e.g., MTX, leflunomide, hydroxychloroquine, and sulfasalazine) in combination with Enbrel.
- 2. Crohn's Disease:** In a double-blind, placebo-controlled trial Enbrel was not effective for the treatment of moderate to severe Crohn's disease.<sup>49</sup> However, arthritis (spondyloarthropathy, ankylosing spondylitis) may be associated with Crohn's disease and Enbrel may be effective for the spondyloarthropathy in these patients.<sup>50</sup>
- 3. Inflammatory Myopathies (Polymyositis, Dermatomyositis, Inclusion Body Myositis):** Information is conflicting. In one retrospective review of eight patients with either dermatomyositis or polymyositis some patients responded (improved motor strength and decreased fatigue) to treatment with Enbrel.<sup>51</sup> In this case series, Enbrel was added on to treatment with corticosteroids, intravenous immunoglobulin (IVIG), and DMARDs; there were no standardized outcome measures. In another case series in patients (n = 5) with dermatomyositis who had not responded to steroids and cytotoxic therapy (MTX, azathioprine, cyclosporine), the cytotoxic drugs were discontinued and Enbrel was given for at least 3 months.<sup>52</sup> All patients had exacerbation of disease and Enbrel was stopped. In a 1-year, double-blind study, patients were randomized to receive Enbrel 50 mg weekly (n = 11) or placebo (n = 5).<sup>53</sup> All patients who received placebo were judged as treatment failures whereas five patients in the Enbrel group were successfully weaned off of prednisone. More studies are needed demonstrating the efficacy of Enbrel and its long-term effects.<sup>54</sup> In a 6-month, open-label study of Enbrel in patients with refractory juvenile dermatomyositis (n = 9), minimal improvement was noted in disease activity with some patients experiencing worsening disease.<sup>55</sup>
- 4. Hidradenitis Suppurativa:** A prospective, randomized, double-blind, placebo-controlled study assigned patients (n = 20) to treatment with Enbrel 50 mg twice weekly or placebo for 12 weeks.<sup>56</sup> Following 12 weeks of treatment, all patients received open-label Enbrel for an additional 12 weeks. The study found no statistically significant difference between Enbrel 50 mg twice weekly and placebo among physician global assessment, patient global assessment, and the Dermatology Life Quality Index (DLQI) at Week 12 or Week 24. A systematic review (2013) extracted data from case reports and RCTs and recommended against the use of Enbrel for treatment of hidradenitis suppurativa.<sup>57</sup>
- 5. Polymyalgia Rheumatica (PMR):** ACR/EULAR guidelines for the management of PMR (2015) strongly recommend against the use of TNFis for treatment of PMR.<sup>58</sup> This recommendation is based on lack of evidence for benefit as well as considerable potential for potential harm. While Enbrel has been evaluated in small numbers of patients with PMR, efficacy has not been established.<sup>59-61</sup>
- 6. Sarcoidosis, Ocular:** Recommendations for the use of TNFis in ocular inflammatory disorders from the AAO (2014) note that Remicade or Humira may be considered as second-line immunomodulatory therapy for patients failing or intolerant of standard immunomodulatory agents.<sup>21</sup> A discretionary recommendation (indicating trade-offs are less certain) is that Enbrel should not be used in the treatment of ocular sarcoidosis (moderate-quality evidence). In a double-blind study patients (n = 18) with chronic ocular sarcoidosis and ongoing inflammation were randomized to Enbrel or placebo for 6 months.<sup>62</sup> Patients had received ≥ 6 months of therapy with MTX and were currently on corticosteroids. For most of the patients, therapy with Enbrel was not associated with significant improvement.



# Drug Policy

7. **Sarcoidosis, Pulmonary:** In a prospective, open-label trial in patients with Stage II or III progressive pulmonary sarcoidosis, treatment with Enbrel was frequently associated with early or late treatment failure.<sup>63</sup> This trial was ended early because an excessive number of patients (n = 11/17) had disease progression on Enbrel. Recommendations for best practice in the management of pulmonary and systemic sarcoidosis mention Humira and Remicade as therapeutic options for management of disease.<sup>64</sup>
8. **Large Vessel Vasculitis (e.g., Giant Cell Arteritis, Takayasu's Arteritis):** Guidelines from EULAR for the management of large vessel vasculitis (e.g., giant cell arteritis, Takayasu's arteritis) do not mention the use of TNFis.<sup>65</sup> Additionally, a meta-analysis of RCTs did not find evidence supporting remission or reduction of corticosteroid dose with the use of TNFs in large vessel vasculitis.<sup>66</sup> In a double-blind trial patients with biopsy proven giant cell arteritis with AEs due to corticosteroids were randomized to Enbrel 25 mg twice weekly (n = 8) or placebo (n = 9) for 12 months.<sup>67</sup> Corticosteroids were continued but were reduced if possible according to a predefined protocol. The primary outcome was the ability to withdraw the corticosteroid therapy and control disease activity at 12 months. After 12 months, 50% of Enbrel patients and 22.2% of placebo patients were able to control the disease without corticosteroid therapy (not statistically significant). But patients on Enbrel had a significantly lower dose of accumulated prednisone during the first year of treatment (P = 0.03). In a retrospective single center study in patients with refractory Takayasu's arteritis (n = 25), patients were treated with Remicade (n = 21) or Enbrel (n = 9).<sup>68</sup> Five patients who were initially treated with Enbrel were switched to Remicade. Therapy with anti-TNF agents was associated with remission in many patients and dose reduction or discontinuation of prednisone and other immunosuppressant therapies. A randomized controlled trial is needed to better define the efficacy and safety of Enbrel.
9. **Wegener's Granulomatosis:** Enbrel is not effective in the induction or maintenance of disease remissions in patients with Wegener's. In a double-blind trial, 180 patients with active Wegener's granulomatosis were randomized to Enbrel or placebo in combination with standard therapies (e.g., cyclophosphamide, MTX, corticosteroids) depending on disease severity.<sup>69</sup> When remission was achieved, standard medications were tapered according to protocol guidelines. Patients were enrolled over 28 months and the mean follow-up was 27 months. Of the 174 patients who were evaluable, 126 patients (72.4%) achieved sustained remissions, but only 86 patients overall (49.4%) maintained their disease remissions throughout the trial. There were no differences between Enbrel and the control group in the percent of patients achieving sustained remissions (69.7% vs. 75.3%, P = 0.39); in the percent of patients with sustained periods of low disease activity (86.5% vs. 90.6%); or time to achieve these outcomes. Disease flares were common in both groups. AEs were frequent and often severe. During the study, 56.2% of patients on Enbrel and 57.1% on placebo had at least one severe or life-threatening AE or died. Six of the Enbrel patients and none of the controls developed solid malignancies. Use of Enbrel in patients with Wegener's granulomatosis who are receiving immunosuppressant drugs is not recommended.<sup>1</sup>
10. **Concurrent use with Otezla.** There is not evidence to suggest Otezla in combination with Enbrel is superior to monotherapy.
11. Coverage is not recommended for circumstances not listed in the Recommended Authorization Criteria. Criteria will be updated as new published data are available.

# Drug Policy

## Documentation Requirements:

The Company reserves the right to request additional documentation as part of its coverage determination process. The Company may deny reimbursement when it has determined that the drug provided or services performed were not medically necessary, investigational or experimental, not within the scope of benefits afforded to the member and/or a pattern of billing or other practice has been found to be either inappropriate or excessive. Additional documentation supporting medical necessity for the services provided must be made available upon request to the Company. Documentation requested may include patient records, test results and/or credentials of the provider ordering or performing a service. The Company also reserves the right to modify, revise, change, apply and interpret this policy at its sole discretion, and the exercise of this discretion shall be final and binding.

## REFERENCES

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# Drug Policy

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## FOR MEDICAL BENEFIT COVERAGE REQUESTS:

**Prior approval is required for HCPCS Codes J1438 and J3590<sup>†</sup>.**

**<sup>†</sup>When *unclassified biologics* (J3590) is determined to be Enbrel.**

## Edits and Denials:

**Prior Approval:** Prior approval is required for etanercept (**HCPCS Codes J1438 and J3590**). Requests for prior approval will be authorized by a nurse reviewer if submitted documentation meets criteria outlined within the Corporate Medical Policy.

Requests for prior approval will be forwarded to a qualified physician reviewer if submitted documentation does not meet criteria outlined within the Corporate Medical Policy.

**TOPPS:** Claims received with **HCPCS Code J1438** will edit with **Remark Code M3M or M4M** and will be adjudicated in accordance with the Corporate Medical Policy.

Claims received with **HCPCS Code J3590** will pend with **Remark Code PRR** and will be adjudicated in accordance with the Corporate Medical Policy.

**Liability:** A participating provider will be required to write off charges denied as not medically necessary.



# Drug Policy

HCPCS Code(s):	
J1438	Injection, etanercept, 25 mg (code may be used for Medicare when drug administered under the direct supervision of a physician, not for use when drug is self-administered)
J3590	Unclassified biologics

## APPENDIX

	Mechanism of Action	Examples of Inflammatory Indications*
<b>Biologics</b>		
<b>Adalimumab SC Products</b> (Humira®, biosimilars)	Inhibition of TNF	AS, CD, JIA, PsO, PsA, RA, UC
<b>Cimzia®</b> (certolizumab pegol SC injection)	Inhibition of TNF	AS, CD, nr-axSpA, PsO, PsA, RA
<b>Etanercept SC Products</b> (Enbrel®, biosimilars)	Inhibition of TNF	AS, JIA, PsO, PsA
<b>Infliximab IV Products</b> (Remicade®, biosimilars)	Inhibition of TNF	AS, CD, PsO, PsA, RA, UC
<b>Simponi®, Simponi® Aria™</b> (golimumab SC injection, golimumab IV infusion)	Inhibition of TNF	SC formulation: AS, PsA, RA, UC IV formulation: AS, PJIA, PsA, RA
<b>Actemra®</b> (tocilizumab IV infusion, tocilizumab SC injection)	Inhibition of IL-6	SC formulation: PJIA, RA, SJIA IV formulation: PJIA, RA, SJIA
<b>Kevzara®</b> (sarilumab SC injection)	Inhibition of IL-6	RA
<b>Orencia®</b> (abatacept IV infusion, abatacept SC injection)	T-cell costimulation modulator	SC formulation: JIA, PSA, RA IV formulation: JIA, PsA, RA
<b>Rituximab IV Products</b> (Rituxan®, biosimilars)	CD20-directed cytolytic antibody	RA
<b>Kineret®</b> (anakinra SC injection)	Inhibition of IL-1	JIA*, RA
<b>Stelara®</b> (ustekinumab SC injection, ustekinumab IV infusion)	Inhibition of IL-12/23	SC formulation: CD, PsO, PsA, UC IV formulation: CD, UC
<b>Siliq™</b> (brodalumab SC injection)	Inhibition of IL-17	PsO
<b>Cosentyx®</b> (secukinumab SC injection)	Inhibition of IL-17A	AS, ERA, nr-axSpA, PsO, PsA
<b>Taltz®</b> (ixekizumab SC injection)	Inhibition of IL-17A	AS, nr-axSpA, PsO, PsA
<b>Ilumya™</b> (tildrakizumab-asmn SC injection)	Inhibition of IL-23	PsO
<b>Skyrizi®</b> (risankizumab-rzaa SC injection, risankizumab-rzaa IV infusion)	Inhibition of IL-23	SC formulation: CD, PSA, PsO IV formulation: CD
<b>Tremfya™</b> (guselkumab SC injection)	Inhibition of IL-23	PsO
<b>Entyvio™</b> (vedolizumab IV infusion, vedolizumab SC injection)	Integrin receptor antagonist	SC: UC IV: CD, UC
<b>Oral Therapies/Targeted Synthetic DMARDs</b>		
<b>Otezla®</b> (apremilast tablets)	Inhibition of PDE4	PsO, PsA
<b>Cibinqo™</b> (abrocitinib tablets)	Inhibition of JAK pathways	AD
<b>Olumiant®</b> (baricitinib tablets)	Inhibition of JAK pathways	RA
<b>Rinvoq®</b> (upadacitinib extended-release tablets)	Inhibition of JAK pathways	AD, AS, nr-axSpA, RA, PsA, UC
<b>Sotyktu™</b> (deucravacitinib tablets)	Inhibition of TYK2	PsO
<b>Xeljanz®</b> (tofacitinib tablets)	Inhibition of JAK pathways	RA, PJIA, PsA, UC
<b>Xeljanz® XR</b> (tofacitinib extended-release tablets)	Inhibition of JAK pathways	RA, PsA, UC

\* Not an all-inclusive list of indications (e.g., oncology indications and rare inflammatory conditions are not listed). Refer to the prescribing information for the respective agent for FDA-approved indications; SC – Subcutaneous; TNF – Tumor necrosis factor; AS – Ankylosing spondylitis; CD – Crohn’s disease; JIA – Juvenile idiopathic arthritis; PsO – Plaque psoriasis; PsA – Psoriatic arthritis; RA – Rheumatoid arthritis; UC – Ulcerative colitis; nr-axSpA – Non-radiographic axial spondyloarthritis; IV – Intravenous, PJIA – Polyarticular juvenile idiopathic arthritis; IL – Interleukin; SJIA – Systemic

# Drug Policy

juvenile idiopathic arthritis; ^ Off-label use of Kineret in JIA supported in guidelines; ERA – Enthesitis-related arthritis; DMARD – Disease-modifying antirheumatic drug; PDE4 – Phosphodiesterase 4; JAK – Janus kinase; AD – Atopic dermatitis; TYK2 – Tyrosine kinase 2.