FEHB, Inc: Medical Mutual of Ohio: Standard Option

Coverage for: Self Only, Self Plus One or Self and Family | Plan Type: HMO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. Please read the FEHB Plan brochure 73-017 that contains the complete terms of this plan. All benefits are subject to the definitions, limitations, and exclusions set forth in the FEHB Plan brochure. Benefits may vary if you have other coverage, such as Medicare. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can get the FEHB Plan brochure at www.MedMutual.com/Feds. You can call1-800-315-3144 to request a copy of either document.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$ 0/Self Only \$ 0/Self Plus One \$ 0/Self and Family	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your deductible?	Not Applicable.	Not Applicable.
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$ 6,000/Self Only \$ 12,000/Self Plus One \$ 12,000/Self and Family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this plan , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See MedMutual.com/Feds or call 1-800-315-3144 for a list of network providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a provider in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the specialist you choose without a referral .





All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information	
	Primary care visit to treat an injury or illness	\$25 copay	Not covered	None	
If you visit a health	Specialist visit	\$45 copay	Not covered	None	
care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge	Not covered		
ii you nave a test	Imaging (CT/PET scans, MRIs)	No charge	Not covered		
	Tier 1 Generic retail	\$15 copay	Not covered	Covers up to a 30-day supply.	
	Tier 1 Generic mail order	\$30 copay	Not covered	Covers up to a 90-day supply.	
If you need drugs to	Tier 2 Preferred brand retail	\$75 copay	Not covered	Covers up to a 30-day supply.	
treat your illness or condition More information about	Tier 2 Preferred brand mail order	\$150 copay	Not covered	Covers up to a 90-day supply.	
<u>prescription drug</u> <u>coverage</u> is available at	Tier 3 Non-preferred brand drugs retail	\$180 copay	Not covered	Covers up to a 30-day supply.	
www.[insert].com	Tier 3 Non-preferred brand mail order	\$360 copay	Not covered	Covers up to a 90-day supply.	
	Specialty drugs	25% up to \$500 max per prescription or refill	Not covered	Covers up to a 30-day supply (Mail order not available for specialty medications)	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$375 copay/visit	Not covered	None	

	What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information
	Physician/surgeon fees	\$25 copay/visit (PCP); \$45 copay/visit (Specialist)	Not covered	None
	Emergency room care	\$250 copay	\$250 copay	None
If you need immediate medical attention	Emergency medical transportation	\$350 copay	\$350 copay	None
	<u>Urgent care</u>	\$35 copay	Not covered	None
If you have a hospital	Facility fee (e.g., hospital room)	\$650 copay	Not covered	(copay applies to all services except skilled nursing facility and infertility treatment)
stay	Physician/surgeon fees	No charge	Not covered	None
If you need mental health, behavioral	Outpatient services	\$25 copay/visit for individual therapy	Not covered	None
health, or substance abuse services	Inpatient services	\$650 copay/admission	Not covered	None
If you are pregnant	Office visits	No charge	Not covered	Cost sharing does not apply to certain preventive services. Depending on the type of services, copay, coinsurance or deductible may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).
	Childbirth/delivery professional services	No charge	Not covered	None
	Childbirth/delivery facility services	No charge	Not covered	None
	Home health care	No charge	Not covered	None
If you need help recovering or have other special health	Rehabilitation services (Physical Therapy)	\$25 copay/visit	Not covered	(60 visits per benefit period, combined with Occupational Therapy)
	Habilitation services (Occupational Therapy)	\$25 copay/visit	Not covered	(60 visits per benefit period, combined with Physical Therapy)
needs	Habilitation services (Speech)	\$25 copay/visit	Not covered	(60 visits per benefit period)
	Skilled nursing care	No charge	Not covered	(100 days per benefit period)

		What Y	ou Will Pay	Limitations, Exceptions, & Other Important Information	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most, plus you may be balance billed)		
	Durable medical equipment	25% coinsurance	Not Covered	None	
	Hospice services	No charge	Not covered	(100 days per benefit period)	
If your obild poods	Children's eye exam	No charge	Not covered	None	
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	Excluded Service	
uental of eye care	Children's dental check-up	Not covered	Not covered	Excluded Service	

Excluded Services & Other Covered Services:

- Acupuncture
- Children's dental check-up
- Children's glasses

- Cosmetic Surgery
- Dental Care
- Hearing Aids (Adult)
- Long-Term Care
 - Non-emergency care when traveling outside the U.S
- Private-Duty Nursing
- Routine Eye Care (Adult)
- Routine Foot Care
- Weight Loss Programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your FEHB Plan brochure.)

- Bariatric Surgery
- Infertility Treatment
- Chiropractic Care

Your Rights to Continue Coverage: You can get help if you want to continue your coverage after it ends. See the FEHB Plan brochure, contact your HR office/retirement system, contact your plan at [contact number] or visit www.opm.gov/healthcare-insurance/healthcare. Generally, if you lose coverage under the plan, then, depending on the circumstances, you may be eligible for a 31-day free extension of coverage, a conversion policy (a non-FEHB individual policy), spouse

equity coverage, or temporary continuation of coverage (TCC). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: If you are dissatisfied with a denial of coverage for claims under your plan, you may be able to appeal. For information about your appeal rights please see Section 3, "How you get care," and Section 8 "The disputed claims process," in your FEHB Plan brochure. If you need assistance, you can contact: Your Plan at 1-800-315-3144.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-315-3144.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-315-3144.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-315-3144.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-315-3144.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall <u>deductible</u>	\$0
■ Specialist [cost sharing]	\$45
■ Hospital (facility) [cost sharing]	\$650
■ Other [cost sharing]	0%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services Diagnostic tests (ultrasounds and blood work) Specialist visit (anesthesia)

Total Example Cost	\$12,700

In this example, Peg would pay:

Cost Sharing		
<u>Deductibles</u>	\$0	
<u>Copayments</u>	\$10	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$70	

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a wellcontrolled condition)

The plan's overall <u>deductible</u>	\$0
Specialist [cost sharing]	\$45
Hospital (facility) [cost sharing]	\$650
Other [cost sharing]	0%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education) Diagnostic tests (blood work) Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600

In this example, Joe would pay:

Cost Sharing		
<u>Deductibles</u>	\$0	
Copayments	\$900	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$920	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall <u>deductible</u>	\$0
■ Specialist [cost sharing]	\$45
■ Hospital (facility) [cost sharing]	\$650
Other [cost sharing]	0%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

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Total Example Cost	\$2,800

In this example, Mia would pay:

Cost Sharing	
<u>Deductibles</u>	\$0
<u>Copayments</u>	\$600
Coinsurance	\$80
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$680