## HEDIS® Advanced Illness and Frailty Exclusion Guidelines

The National Committee for Quality Assurance (NCQA) allows exclusions to Healthcare Effectiveness Data and Information Set (HEDIS®) measures for patients with advanced illness and frailty. NCQA implemented exclusions for select measures designed for a general adult population which may not always be appropriate for those with limited life expectancy or advanced illness and frailty. Excluding these patients will help ensure they are included with only the appropriate measures for their circumstances. The measures below require exclusions for advanced illness and frailty.

Exclusion Criteria	Applicable HEDIS® Measure
Patient age: 66-80 BOTH Advanced Illness and Frailty	<ul> <li>Breast Cancer Screening (BCS-E)</li> <li>Colorectal Cancer Screening (COL-E)</li> <li>Controlling Blood Pressure (CBP)</li> <li>Eye Exam for Patients with Diabetes (EED)</li> <li>Glycemic Status Assessment for Patients with Diabetes (GSD)</li> <li>Kidney Health Evaluation for Patients with Diabetes (KED)</li> <li>Osteoporosis Management in Women Who Had a Fracture (OMW)</li> <li>Statin Therapy for Patients with Diabetes (SPD)</li> <li>Statin Therapy for Patients with Cardiovascular Disease (SPC)</li> </ul>
Patient age: 81+ ONLY Frailty	<ul> <li>Controlling Blood Pressure (CBP)</li> <li>Kidney Health Evaluation for Patients with Diabetes (KED)</li> <li>Osteoporosis Management in Women Who Had a Fracture (OMW)</li> </ul>

Appropriate billing and coding can substantially reduce medical record requests for HEDIS® data collection purposes while also helping to optimize your HEDIS scores. Our Supplemental Data team of Rick Hein <a href="mailto:richard.hein@medmutual.com">richard.hein@medmutual.com</a> and Nadia Dumevi <a href="mailto:nadia.dumevi@medmutual.com">nadia.dumevi@medmutual.com</a> are available to assist you in incorporating these codes into your supplemental data file or, where necessary, establishing a new supplemental data file.

Below are common examples of advanced illness and frailty codes you can add to your supplemental data or claims when clinically appropriate.

Advanced Illness*	<u>Two</u> advanced illness codes billed on at least two (2) different dates of service during the measurement year (MY) or year prior to the MY.		
	Common Examples	ICD-10 Code	
Heart Disease	Hypertensive heart disease with heart failure	I11.0	
	Hypertensive heart and chronic kidney disease with heart failure and stage 1 through stage 4 chronic kidney disease, or unspecified chronic kidney disease	I13.0	
	Unspecified systolic (congestive) heart failure	150.20	
	Chronic systolic (congestive) heart failure	150.22	
	Acute on chronic systolic (congestive) heart failure	150.23	
	Chronic diastolic (congestive) heart failure	150.32	
	Acute on chronic diastolic (congestive) heart failure	150.33	
	Chronic combined systolic (congestive) and diastolic (congestive) heart failure	150.42	
	Acute on chronic combined systolic (congestive) and diastolic (congestive) heart failure	150.43	
	Heart failure, unspecified	150.9	



Respiratory	Emphysema, unspecified	J43.9
	Chronic respiratory failure with hypoxia	J96.11
	Acute and chronic respiratory failure with hypoxia	J96.21
	Respiratory failure, unspecified, unspecified whether with hypoxia or hypercapnia	J96.90
Neurological	Unspecified dementia, unspecified severity, without behavioral disturbance, psychotic disturbance, mood disturbance, and anxiety	F03.90
	Unspecified dementia, unspecified severity, with other behavioral disturbance	F03.918
	Multiple sclerosis	G35
Renal	Chronic kidney disease, stage 5	N18.5
	ESRD	N18.6
Malignancy	Malignant neoplasm of pancreas, unspecified	C25.9
	Secondary malignant neoplasm of liver and intrahepatic bile duct	C78.7
	Secondary malignant neoplasm of bone	C79.51
	Secondary malignant neoplasm of unspecified site	C79.9
	Acute lymphoblastic leukemia not having achieved remission	C91.00
Hepatic	Unspecified cirrhosis of the liver	K74.60

<sup>\*</sup>List not all-inclusive

Frailty*	<u>Two</u> indications of frailty with two (2) different dates of service during MY.	
	Common Examples	ICD-10 Code
Frailty Symptom	Difficulty in walking, not elsewhere classified	R26.2
	Other abnormalities of gait and mobility	R26.89
	Unspecified abnormalities of gait and mobility	R26.9
	Weakness	R53.1
	Other malaise	R53.81
	Age-related physical debility	R54
	Adult failure to thrive	R62.7
	Abnormal weight loss	R63.4
	Underweight	R63.6
	Cachexia	R64
	Pressure ulcer of sacral region, unstageable	L89.150
Pressure Ulcers	Pressure ulcer of sacral region, stage 2	L89.152
	Pressure ulcer of sacral region, stage 3	L89.153
	Pressure ulcer of sacral region, stage 4	L89.154
	Pressure ulcer of sacral region, unspecified stage	L89.159
	Pressure ulcer of right buttock, stage 2	L89.312
	Pressure ulcer of unspecified site, unspecified stage	L89.90
Musculoskeletal	Muscle weakness (generalized)	M62.81
	Sarcopenia	M62.84



Falls	Repeated falls	R29.6
	Fall on same level from slipping, tripping and stumbling without subsequent striking against object, initial encounter	W01.0XXA
	Unspecified fall, initial encounter	W19.XXXA
	Unspecified fall, subsequent encounter	W19.XXXD
	History of falling	Z91.81
Bed Confinement	Bed confinement status	Z74.01
Gait Abnormality / Debility	Other reduced mobility	Z74.09
Need for Assistance	Need for assistance with personal care	Z74.1
	Need for assistance at home and no other household member able to render care	Z74.2
	Need for continuous supervision	Z74.3
Dependence	Dependence on respirator [ventilator] status	Z99.11
	Dependence on wheelchair	Z99.3
	Dependence on supplemental oxygen	Z99.81
	Dependence on other enabling machine or devices	Z99.89

<sup>\*</sup>List not all-inclusive

These recommendations are informational only. They are not intended to require a specific course of treatment or take the place of professional medical advice, diagnosis or treatment. Members should make decisions about care with their healthcare providers. Recommended treatment or services may not be covered. Eligibility and coverage depend on the member's specific benefit plan.

None of the information included in this article is intended to be legal advice. It remains the provider's responsibility to ensure that all coding and documentation are done in accordance with applicable state and federal laws and regulations.

