



MEDICAL MUTUAL®

2019 Standard Plus Preventive Medications List (Generics only)

In addition to a healthy lifestyle, getting preventive care and taking preventive medications can be an important step people take to avoid many illnesses and maintain good health. Consumer-directed health (CDH) plans, such as qualified high-deductible health plans with a Health Savings Account, that include coverage of preventive medications can help support the goal of ongoing good health.

Medical Mutual has adopted the following list of preventive medications to support this goal. This list provides examples of commonly prescribed preventive medications. We grouped the medications together based on the medical conditions they are used to prevent. This is not an all-inclusive list; only examples of drugs in each category are listed. This list also does not guarantee coverage of a particular drug or describe the type of payment you may owe. Depending on your plan, you may not have to pay a copay, coinsurance or deductible amount for preventive medications. For more information about your cost of coverage, please check with your plan administrator and/or benefit information materials.

If you have questions about your preventive medication benefits, please call Customer Care at the number on your health plan identification (ID) card.

ASTHMA/COPD

albuterol
budesonide
cromolyn oral inhalation
ipratropium/albuterol oral inhalation
ipratropium oral inhalation
metaproterenol
montelukast
terbutaline
theophylline
zafirlukast
zileuton ER

BONE DISEASE AND FRACTURES

alendronate
ibandronate
raloxifene
risedronate
zoledronic acid 5mg

CAVITIES

sodium fluoride rinse, gel, cream, paste, tabs and drops
stannous fluoride rinse and gel

COLONOSCOPY PREPARATION*

polyethylene glycol

DIABETES

acarbose
chlorpropamide
generic syringes, lancets and needles
glimepiride
glipizide
glipizide/metformin
glucose
glyburide
glyburide/metformin
metformin
miglitol
nateglinide
pioglitazone
pioglitazone/glimepiride
pioglitazone/metformin
repaglinide
repaglinide/metformin

HEART DISEASE AND STROKE

BLOODTHINNER MEDICINES

aspirin, 81mg or 325mg*
aspirin-dipyridamole ER
clopidogrel
dipyridamole
prasugrel
ticlopidine

warfarin

CHOLESTEROL-LOWERING MEDICINES

HMG-COA REDUCTASE INHIBITORS*:

atorvastatin
fluvastatin
lovastatin
pravastatin
rosuvastatin
simvastatin

OTHER AGENTS:

cholestyramine
cholestyramine light, prevalite
colesevelam
colestipol
ezetimibe
ezetimibe/simvastatin
fenofibrate
fenofibric acid
gemfibrozil
niacin

HIGH BLOOD PRESSURE

ACE INHIBITORS:

benazepril
captopril
enalapril
fosinopril
lisinopril
moexipril
perindopril
quinapril
ramipril
trandolapril

ACE INHIBITORS/DIURETIC COMBINATIONS:

benazepril/HCTZ
captopril/HCTZ
enalapril/HCTZ
fosinopril/HCTZ
lisinopril/HCTZ
moexipril/HCTZ
quinapril/HCTZ

ANGIOTENSIN II RECEPTOR ANTAGONISTS:

candesartan
irbesartan
losartan
olmesartan
telmisartan
valsartan

ANGIOTENSIN II RECEPTOR
ANTAGONISTS/DIURETIC COMBINATIONS:

candesartan/HCTZ
irbesartan/HCTZ
losartan/HCTZ
olmesartan/HCTZ
telmisartan/HCTZ
valsartan/HCTZ

BETA BLOCKERS:

acebutolol
atenolol
betaxolol
bisoprolol
metoprolol
nadolol
propranolol
timolol

BETA BLOCKERS/DIURETIC
COMBINATIONS:

atenolol/chlorthalidone
bisoprolol/HCTZ
metoprolol/HCTZ
nadolol/bendroflumethiazide
propranolol/HCTZ

CALCIUM CHANNEL BLOCKERS:

amlodipine
diltiazem
felodipine ER
isradipine
nicardipine
nifedipine
nisoldipine ER
verapamil

DIURETICS:

chlorothiazide
chlorthalidone
hydrochlorothiazide
indapamide
metolazone

OTHER HIGH BLOOD PRESSURE MEDICINE
COMBINATIONS:

amlodipine/atorvastatin
amlodipine/benazepril
amlodipine/olmesartan
amlodipine/olmesartan/HCTZ
amlodipine/telmisartan
amlodipine/valsartan
amlodipine/valsartan/HCTZ
trandolapril/verapamil

MALARIA

atovaquone/proguanil
chloroquine
mefloquine

OBESITY[†]

benzphetamine
diethylpropion
phendimetrazine
phentermine

SMOKING CESSATION*

bupropion SR 150mg
nicotine gum, lozenges and patches

VITAMINS OR MINERALS

folic acid*
generic prescription prenatal vitamins
generic pediatric multivitamins with fluoride*

[†]Obesity medications are not covered by all plans. Please check your certificate or other benefit information for more coverage information.

*Please note that some of these medications are also subject to the Affordable Care Act and may be covered by your plan at 100%.

Express Scripts administers your prescription benefit on behalf of Medical Mutual. For specific questions on coverage, please call the phone number on your ID card or log in to My Health Plan at MedMutual.com/member and click Benefits & Coverage, then Prescription Drug Benefits.

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