

Specialty Drug Solution

Getting the extra care you need

Specialty drugs are often used to treat rare, complex and chronic conditions. They typically require special handling, administration or monitoring. Some common names of specialty drugs you might recognize are Humira, Xeljanz, Copaxone, Stelara and Tecfidera.

To see if your medication is considered a specialty drug, log in to My Health Plan at MedMutual.com/member and click Prescription Drug Benefits under the Benefits & Coverage tab. On the Prescription Drug Benefits page, follow the instructions to sign on to the Express Scripts website, then choose Price a Medication under the Prescriptions menu. You can also call Express Scripts at the Rx Member Services number on your Medical Mutual identification card.

If you are not yet our member, you can find this same information through our website, MedMutual.com. Click the Individuals & Families tab, then Plans & Products. Our formularies are available on the right side of the page.

Please note: Not all Medical Mutual plans include this program. Check your Certificate or Benefit Book for details.

How the Program Works

Medical Mutual's Specialty Drug Solution has two elements to help make sure you receive the care you need. These elements are:

- **How much can you get:** You can fill up to a 30-day supply of a specialty drug at a time. This prevents waste and overspending if you need a change in therapy, such as a different dosage to reduce your side effects or due to changes in your weight.
- **Where you can fill prescriptions:** Medical Mutual currently contracts with two specialty pharmacies: Accredo Specialty Pharmacy, owned by Express Scripts, and Gentry Health Services, owned by Discount Drug Mart. Specialty pharmacies provide extra care, which may lead to better outcomes for our members.

The extra care specialty pharmacies provide includes:

- Dedicated nursing and pharmacy staff who are available 24 hours a day to explain side effects, answer your questions, follow your care and coordinate with your physician for dose changes
- Free delivery of supplies, like syringes, alcohol swabs and sharps containers, where applicable
- Injection training, either by phone or in person
- Monthly calls to check if you need refills, plus where you want them delivered
- Help with enrolling in patient assistance programs to reduce your out-of-pocket expenses, if available

Transferring Prescriptions to a Specialty Pharmacy

Starting with either of our contracted specialty pharmacies is easy. Just call them and they will contact your prescriber for the prescription.

- Accredo: (800) 417-1961
- Gentry: (844) 443-6879

Note: Some specialty drugs can only be filled by certain pharmacies per the manufacturer's direction. Accredo or Gentry can help you get the medication in these cases. You can continue to fill prescriptions for transplant drugs and those used to treat deep vein thrombosis and HIV at a network retail pharmacy.

For More Information

If you have questions about this program, please call the Customer Care or Rx Member Services numbers on your Medical Mutual identification card.