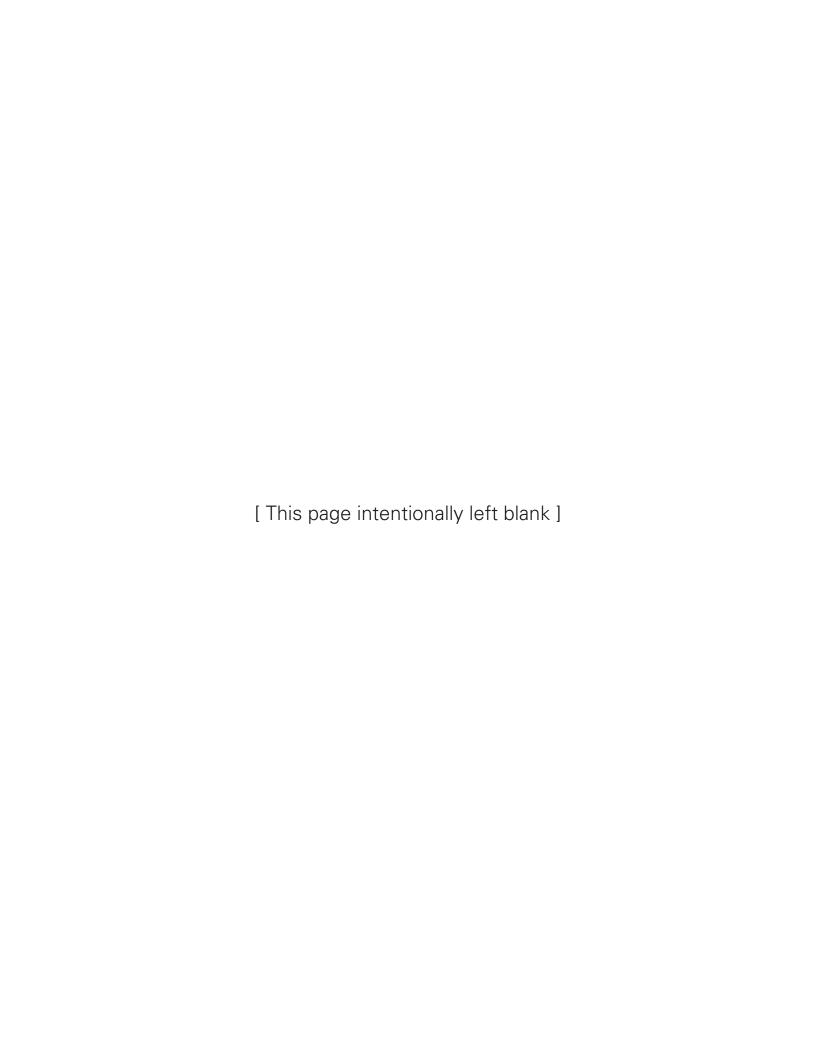
### **MedMutual Advantage PPO Plans**

### **Region 1 Counties**

Ashland, Brown, Butler, Carroll, Clark, Clermont, Columbiana, Cuyahoga, Delaware, Fairfield, Franklin, Fulton, Geauga, Greene, Hamilton, Hancock, Hocking, Holmes, Lake, Licking, Lorain, Lucas, Madison, Mahoning, Marion, Medina, Miami, Montgomery, Morgan, Morrow, Perry, Pickaway, Portage, Seneca, Stark, Summit, Trumbull, Union, Warren, Wayne, Wood, Wyandot





January 1, 2018 - December 31, 2018

MedMutual Advantage Select (PPO)
MedMutual Advantage Preferred (PPO)
MedMutual Advantage Premium (PPO)

MedMutual Advantage are HMO and PPO plans offered by Medical Mutual of Ohio with a Medicare contract. Enrollment in a MedMutual Advantage plan depends on contract renewal.

Y0121\_P\_S0444\_2018\_Sep17 CMS Accepted Z8224-MCA R12/17



### Multi-Language Interpreter Services & Nondiscrimination Notice



This document notifies individuals of how to seek assistance if they speak a language other than English.

### **Spanish**

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-382-5729 (TTY: 711).

#### Chinese

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 1-800-382-5729 (TTY: 711)。

#### German

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-382-5729 (TTY: 711).

### **Arabic**

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك ( بالمجان. اتصل برقم 5729-382-800 رقم هاتف الصم والبكم 711).

### Pennsylvania Dutch

Wann du Deitsch schwetzscht, kannscht du mitaus Koschte ebber gricke, ass dihr helft mit die englisch Schprooch. Ruf selli Nummer uff: Call 1-800-382-5729 (TTY: 711).

#### Russian

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-382-5729 (телетайп: 711).

#### French

ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-382-5729 (ATS: 711).

#### Vietnamese

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-382-5729 (TTY: 711).

### Navajo

Díí baa akó nínízin: Díí saad bee yáníłti' go Diné Bizaad, saad bee áká'ánída'áwo'dęę', t'áá jiik'eh, éí ná hóló, koji' hódíílnih 1-800-382-5729 (TTY: 711).

#### Oromo

XIYYEEFFANNAA: Afaan dubbattu Oroomiffa, tajaajila gargaarsa afaanii, kanfaltiidhaan ala, ni argama. Bilbilaa 1-800-382-5729 (TTY: 711).

#### Korean

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-382-5729 (TTY: 711)번으로 전화해 주십시오.

#### Italian

ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-800-382-5729 (TTY: 711).

#### **Japanese**

注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。1-800-382-5729 (TTY: 711) まで、お電話にてご連絡ください。

#### Dutch

AANDACHT: Als u nederlands spreekt, kunt u gratis gebruikmaken van de taalkundige diensten. Bel 1-800-382-5729 (TTY: 711).

### Ukrainian

УВАГА! Якщо ви розмовляєте українською мовою, ви можете звернутися до безкоштовної служби мовної підтримки. Телефонуйте за номером 1-800-382-5729 (телетайп: 711).

### Romanian

ATENŢIE: Dacă vorbiţi limba română, vă stau la dispoziţie servicii de asistenţă lingvistică, gratuit. Sunaţi la 1-800-382-5729 (TTY: 711).

### **Tagalog**

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-382-5729 (TTY: 711).

### QUESTIONS ABOUT YOUR BENEFITS OR OTHER INQUIRIES ABOUT YOUR HEALTH INSURANCE SHOULD BE DIRECTED TO MEDICAL MUTUAL'S CUSTOMER CARE DEPARTMENT AT 1-800-382-5729.

#### **Nondiscrimination Notice**

Medical Mutual of Ohio complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex in its operation of health programs and activities. Medical Mutual does not exclude people or treat them differently because of race, color, national origin, age, disability or sex in its operation of health programs and activities.

- Medical Mutual provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters, and written information in other formats (large print, audio, accessible electronic formats, etc.).
- Medical Mutual provides free language services to people whose primary language is not English, such as qualified interpreters and information written in other languages.

If you need these services or if you believe Medical Mutual failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, with respect to your health care benefits or services, you can submit a written complaint to the person listed below. Please include as much detail as possible in your written complaint to allow us to effectively research and respond.

### **Civil Rights Coordinator**

Medical Mutual of Ohio 2060 East Ninth Street Cleveland, OH 44115-1355

MZ: 01-10-1900

Email: CivilRightsCoordinator@MedMutual.com

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights.

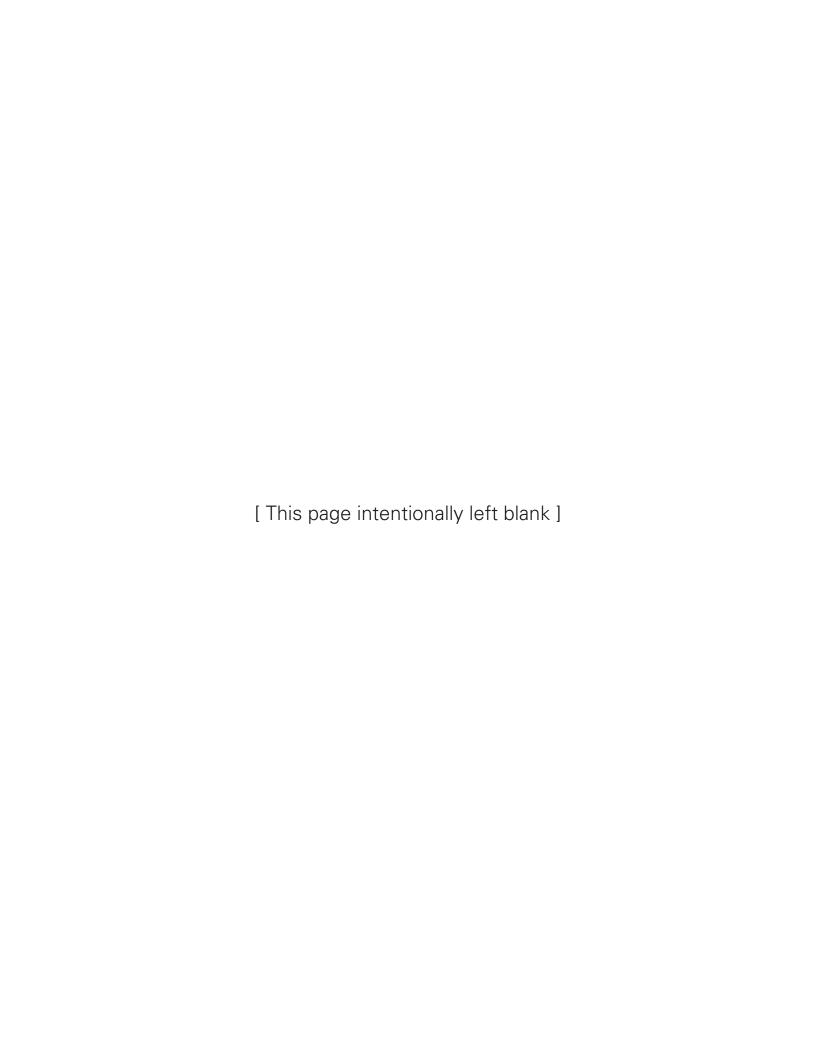
- Electronically through the Office for Civil Rights Complaint Portal available at: ocrportal.hhs.gov/ocr/portal/lobby.jsf
- By mail at:

U.S. Department of Health and Human Services 200 Independence Avenue, SW Room 509F HHH Building Washington, DC 20201-0004

By phone at:

(800) 368-1019 (TDD: (800) 537-7697)

 Complaint forms are available at: hhs.gov/ocr/office/file/index.html



### 2018 Medicare Star Ratings\*

The Medicare Program rates all health and prescription drug plans each year, based on a plan's quality and performance. Medicare Star Ratings help you know how good a job our plan is doing. You can use these Star Ratings to compare our plan's performance to other plans. The two main types of Star Ratings are:

- 1. An Overall Star Rating that combines all of our plan's scores.
- 2. Summary Star Rating that focuses on our medical or our prescription drug services.

Some of the areas Medicare reviews for these ratings include:

- How our members rate our plan's services and care;
- How well our doctors detect illnesses and keep members healthy;
- How well our plan helps our members use recommended and safe prescription medications.

For 2018, Medical Mutual of Ohio received the following Overall Star Rating from Medicare.

**★★★** 3.5 Stars

We received the following Summary Star Rating for Medical Mutual of Ohio's health/drug plan services:

Health Plan Services: ★★★ 3 Stars

Drug Plan Services: ★★★ 3.5 Stars

The number of stars shows how well our plan performs.

\*\*\*\* 5 stars - excellent

★★★★ 4 stars – above average

★★★ 3 stars – average

★★ 2 stars – below average

★ 1 star – poor

Learn more about our plan and how we are different from other plans at www.medicare.gov.

You may also contact us 7 days a week from 8:00 a.m. to 8:00 p.m. Eastern time at 866-406-8777 (toll-free) or 711 (TTY), from October 1 to February 14. Our hours of operation from February 15 to September 30 are Monday through Friday from 8:00 a.m. to 8:00 p.m. Eastern time.

Current members please call 800-982-3117 (toll-free) or 711 (TTY).

\* Star Ratings are based on 5 Stars. Star Ratings are assessed each year and may change from one year to the next.

This booklet gives you a summary of what we cover and what you pay. It doesn't list every service we cover or list every limitation or exclusion. To get a complete list of services we cover, call us and ask for the Evidence of Coverage.

### You have choices about how to get your Medicare benefits

- One choice is to get your Medicare benefits through Original Medicare (fee-for-service Medicare). Original Medicare is run directly by the federal government.
- Another choice is to get your Medicare benefits by joining a Medicare health plan (such as MedMutual Advantage Select (PPO), MedMutual Advantage Preferred (PPO) and MedMutual Advantage Premium (PPO)).

### Tips for comparing your Medicare choices

This Summary of Benefits booklet gives you a summary of what MedMutual Advantage Select (PPO), MedMutual Advantage Preferred (PPO) and MedMutual Advantage Premium (PPO) cover and what you pay. If you want to compare our plan with other Medicare health plans, ask the other plans for their Summary of Benefits booklets. Or use the Medicare Plan Finder on Medicare.gov.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at Medicare.gov or get a copy by calling (800) MEDICARE (800) 633-4227), 24 hours a day, seven days a week. TTY users should call (877) 486-2048.

This document is available in other formats such as Braille and large print. This document may be available in a non-English language. For additional information, call us at (800) 982-3117.

### Things to know about MedMutual Advantage Select (PPO), MedMutual Advantage Preferred (PPO) and MedMutual Advantage Premium (PPO)

### **Hours of Operation**

- From October 1 to February 14 (except Thanksgiving and Christmas), you can call us seven days a week from 8 a.m. to 8 p.m.
- From February 15 to September 30 (except holidays), you can call us Monday through Friday from 8 a.m. to 8 p.m.
- If you are a member of this plan, you can also call us Saturday from 9 a.m. to 1 p.m.

#### **Phone Numbers and Website**

- If you are a member of one of these plans, call toll-free (800) 982-3117. TTY users should call 711.
- If you are not a member of one of these plans, call toll-free (866) 406-8777. TTY users should call 711.
- Our website: MedMutual.com/Medicare

### Who can join?

To join, you must be entitled to Medicare Part A, be enrolled in Medicare Part B and live in our service area. Our service area includes the following counties in Ohio: Ashland, Brown, Butler, Carroll, Clark, Clermont, Columbiana, Cuyahoga, Delaware, Fairfield, Franklin, Fulton, Geauga, Greene, Hamilton, Hancock, Hocking, Holmes, Lake, Licking, Lorain, Lucas, Madison, Mahoning, Marion, Medina, Miami, Montgomery, Morgan, Morrow, Perry, Pickaway, Portage, Seneca, Stark, Summit, Trumbull, Union, Warren, Wayne, Wood and Wyandot.

### Which doctors, hospitals and pharmacies can I use?

Our plans have a network of doctors, hospitals, pharmacies and other providers. With a PPO plan, if you use the providers in our network, you may pay less for your covered services. But if you want to, you can also use providers that are not in our network. Out-of-network/non-contracted providers are under no obligation to treat Medical Mutual members, except in emergency situations. For a decision about whether we will cover an out-of-network service, we encourage you or your provider to ask us for a pre-service organization determination before you receive the service. Please call our customer service number or see your Evidence of Coverage for more information, including the cost sharing that applies to out-of-network services.

- You must generally use network pharmacies to fill your prescriptions for covered Part D drugs.
- You can see our plan's provider directory at our website, MedMutual.com/MAplaninfo.
- You can see our plan's pharmacy directory at our website, MedMutual.com/MAplaninfo.
- Or call us and we will send you a copy of the provider and pharmacy directories.

#### What do we cover?

Like all Medicare health plans, we cover everything that Original Medicare covers—and more.

- Our plan members get all of the benefits covered by Original Medicare. For some of these benefits, you may pay more in our plan than you would in Original Medicare. For others, you may pay less.
- Our plan members also get more than what is covered by Original Medicare. Some of the extra benefits are outlined in this booklet.

We cover Part D drugs. In addition, we cover Part B drugs such as chemotherapy and some drugs administered by your provider.

- You can see the complete plan formulary (list of Part D prescription drugs) and any restrictions on our website, MedMutual.com/MAplaninfo.
- Or call us and we will send you a copy of the formulary.

### How will I determine my drug costs?

Our plan groups each medication into one of five tiers. You will need to use your formulary to locate what tier your drug is on to determine how much it will cost you. The amount you pay depends on the drug's tier and what stage of the benefit you have reached. Later in this document, we discuss the benefit stages that occur after you meet your deductible: Initial Coverage, Coverage Gap and Catastrophic Coverage.

Premiums and Benefits	MedMutual Advantage Select (PPO)
Monthly Plan Premium	You pay \$35 per month. You must continue to pay your Medicare Part B premium.
Deductible	This plan has deductibles for some hospital and medical services.  • \$2,000 per year for out-of-network services.
Maximum Out-of-Pocket Responsibility (Does not include prescription drugs)	<ul> <li>You pay no more than:</li> <li>\$6,500 annually for services you receive from in-network providers.</li> <li>\$10,000 annually for services you receive from any provider. Your limit for services received from in-network providers will count toward this limit.</li> <li>Includes copayments and other costs for medical services for the year.</li> <li>If you reach the limit on out-of-pocket costs, you keep getting covered hospital and medical services,</li> </ul>
Inpatient Hospital Care	and we will pay the full cost for the rest of the year.  There is no limit to the number of days covered by
(Services may require prior authorization.)	the plan.  In-network:  - You pay a \$360 copay per day for days 1 through 5  - You pay nothing per day for days 6 and thereafter  Out-of-network: You pay 30% of the cost per stay
Outpatient Hospital Services (Services may require prior authorization.)	Ambulatory surgical center:  In-network: You pay a \$325 copay  Out-of-network: You pay 30% of the cost Outpatient hospital:  In-network: You pay a \$375 copay  Out-of-network: You pay 30% of the cost

MedMutual Advantage Preferred (PPO)	MedMutual Advantage Premium (PPO)
You pay \$70 per month.	You pay \$110 per month.
You must continue to pay your Medicare Part B premium.	You must continue to pay your Medicare Part B premium.
This plan has deductibles for some hospital and medical services.	This plan has deductibles for some hospital and medical services.
■ \$1,750 per year for out-of-network services.	■ \$1,250 per year for out-of-network services.
You pay no more than:	You pay no more than:
<ul> <li>\$5,700 annually for services you receive from in-network providers.</li> </ul>	<ul> <li>\$3,400 annually for services you receive from in-network providers.</li> </ul>
<ul> <li>\$10,000 annually for services you receive from any provider. Your limit for services received from in-network providers will count toward this limit.</li> </ul>	<ul> <li>\$5,100 annually for services you receive from any provider. Your limit for services received from in-network providers will count toward this limit.</li> </ul>
Includes copayments and other costs for medical services for the year.	Includes copayments and other costs for medical services for the year.
If you reach the limit on out-of-pocket costs, you keep getting covered hospital and medical services, and we will pay the full cost for the rest of the year.	If you reach the limit on out-of-pocket costs, you keep getting covered hospital and medical services, and we will pay the full cost for the rest of the year.
There is no limit to the number of days covered by the plan.	There is no limit to the number of days covered by the plan.
<ul> <li>In-network:         <ul> <li>You pay a \$360 copay per day for days 1 through 5</li> <li>You pay nothing per day for days 6 and thereafter</li> </ul> </li> <li>Out-of-network: You pay 30% of the cost per stay</li> </ul>	<ul> <li>In-network:         <ul> <li>You pay a \$350 copay per day for days 1 through 6</li> <li>You pay nothing per day for days 7 and thereafter</li> </ul> </li> <li>Out-of-network: You pay 30% of the cost per stay</li> </ul>
Ambulatory surgical center:	Ambulatory surgical center:
■ In-network: You pay a \$300 copay	■ In-network: You pay a \$200 copay
Out-of-network: You pay 30% of the cost	<ul><li>Out-of-network: You pay 30% of the cost</li></ul>
Outpatient hospital:	Outpatient hospital:
■ In-network: You pay a \$375 copay	■ In-network: You pay a \$295 copay
<ul><li>Out-of-network: You pay 30% of the cost</li></ul>	<ul><li>Out-of-network: You pay 30% of the cost</li></ul>

Premiums and Benefits	MedMutual Advantage Select (PPO)
Doctor's Office Visits	Primary care physician visit:
(Services may require prior authorization.)	■ In-network: You pay a \$10 copay
	<ul><li>Out-of-network: You pay 30% of the cost</li></ul>
	Specialist visit:
	■ In-network: You pay a \$50 copay
	<ul><li>Out-of-network: You pay 30% of the cost</li></ul>
	There is no coinsurance, copay or deductible for the Welcome to Medicare physical or annual wellness visit.
Preventive Care	■ In-network: You pay nothing
	<ul><li>Out-of-network: You pay 30% of the cost</li></ul>
	Our plan covers many preventive services, including:
	<ul> <li>Abdominal aortic aneurysm screening</li> </ul>
	<ul> <li>Alcohol misuse counseling</li> </ul>
	■ Bone mass measurement
	Breast cancer screening (mammogram)
	Cardiovascular disease (behavioral therapy)
	<ul> <li>Cardiovascular screenings</li> </ul>
	<ul> <li>Cervical and vaginal cancer screening</li> </ul>
	<ul> <li>Colorectal cancer screenings (colonoscopy, fecal occult blood test, flexible sigmoidoscopy)</li> </ul>
	<ul> <li>Depression screening</li> </ul>
	<ul> <li>Diabetes screenings</li> </ul>
	■ HIV screening
	Medical nutrition therapy services
	<ul> <li>Obesity screening and counseling</li> </ul>
	<ul><li>Prostate cancer screenings (PSA)</li></ul>
	<ul> <li>Sexually transmitted infections screening and counseling</li> </ul>
	<ul> <li>Tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease)</li> </ul>
	<ul> <li>Vaccines, including flu shots, hepatitis B shots, pneumococcal shots</li> </ul>
	Welcome to Medicare preventive visit (one-time)
	Yearly wellness visit
	Other preventive services are available. There are some covered services that have a cost.

Primary care physician visit:

- In-network: You pay a \$5 copay
- Out-of-network: You pay 30% of the cost

Specialist visit:

- In-network: You pay a \$40 copay
- Out-of-network: You pay 30% of the cost

There is no coinsurance, copay or deductible for the Welcome to Medicare physical or annual wellness visit.

- In-network: You pay nothing
- Out-of-network: You pay 30% of the cost

Our plan covers many preventive services, including:

- Abdominal aortic aneurysm screening
- Alcohol misuse counseling
- Bone mass measurement
- Breast cancer screening (mammogram)
- Cardiovascular disease (behavioral therapy)
- Cardiovascular screenings
- Cervical and vaginal cancer screening
- Colorectal cancer screenings (colonoscopy, fecal occult blood test, flexible sigmoidoscopy)
- Depression screening
- Diabetes screenings
- HIV screening
- Medical nutrition therapy services
- Obesity screening and counseling
- Prostate cancer screenings (PSA)
- Sexually transmitted infections screening and counseling
- Tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease)
- Vaccines, including flu shots, hepatitis B shots, pneumococcal shots
- Welcome to Medicare preventive visit (one-time)
- Yearly wellness visit

Other preventive services are available. There are some covered services that have a cost.

### MedMutual Advantage Premium (PPO)

Primary care physician visit:

- In-network: You pay nothing
- Out-of-network: You pay 30% of the cost

Specialist visit:

- In-network: You pay a \$30 copay
- Out-of-network: You pay 30% of the cost

There is no coinsurance, copay or deductible for the Welcome to Medicare physical or annual wellness visit.

- In-network: You pay nothing
- Out-of-network: You pay 30% of the cost

Our plan covers many preventive services, including:

- Abdominal aortic aneurysm screening
- Alcohol misuse counseling
- Bone mass measurement
- Breast cancer screening (mammogram)
- Cardiovascular disease (behavioral therapy)
- Cardiovascular screenings
- Cervical and vaginal cancer screening
- Colorectal cancer screenings (colonoscopy, fecal occult blood test, flexible sigmoidoscopy)
- Depression screening
- Diabetes screenings
- HIV screening
- Medical nutrition therapy services
- Obesity screening and counseling
- Prostate cancer screenings (PSA)
- Sexually transmitted infections screening and counseling
- Tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease)
- Vaccines, including flu shots, hepatitis B shots, pneumococcal shots
- Welcome to Medicare preventive visit (one-time)
- Yearly wellness visit

Other preventive services are available. There are some covered services that have a cost.

Premiums and Benefits	MedMutual Advantage Select (PPO)
Emergency Care	You pay an \$80 copay for each covered emergency room visit.
	If you are admitted to the hospital within 24 hours, you do not have to pay the \$80 copay.
Urgently Needed Services	You pay a \$40 copay for each covered urgent care visit.
Diagnostic Services, Labs and Imaging (Costs for these services may be different if received in an outpatient surgery setting. Services may require prior authorization.)	Diagnostic radiology tests and services:  In-network: You pay 20% of the cost  Out-of-network: You pay 30% of the cost Lab services:  In-network: You pay a \$0–10 copay, depending on the service  Out-of-network: You pay 30% of the cost Outpatient X-rays:  In-network: You pay a \$50 copay  Out-of-network: You pay 30% of the cost Therapeutic radiology services (such as radiation therapy for cancer):  In-network: You pay 20% of the cost  Out-of-network: You pay 30% of the cost
Hearing Services	Hearing exam to determine if you need medical treatment for a hearing condition:  In-network: You pay a \$15 copay  Out-of-network: You pay 30% of the cost

MedMutual Advantage Preferred (PPO)	MedMutual Advantage Premium (PPO)
You pay an \$80 copay for each covered emergency room visit.	You pay a \$100 copay for each covered emergency room visit.
If you are admitted to the hospital within 24 hours, you do not have to pay the \$80 copay.	If you are admitted to the hospital within 24 hours, you do not have to pay the \$100 copay.
You pay a \$40 copay for each covered urgent care visit.	You pay a \$40 copay for each covered urgent care visit.
Diagnostic radiology tests and services:  In-network: You pay 20% of the cost  Out-of-network: You pay 30% of the cost Lab services:  In-network: You pay a \$0–5 copay, depending on the service  Out-of-network: You pay 30% of the cost Outpatient X-rays:	Diagnostic radiology tests and services:  In-network: You pay 20% of the cost  Out-of-network: You pay 30% of the cost Lab services:  In-network: You pay nothing  Out-of-network: You pay 30% of the cost Outpatient X-rays:
■ In-network: You pay a \$50 copay	■ In-network: You pay a \$35 copay
<ul> <li>Out-of-network: You pay 30% of the cost</li> <li>Therapeutic radiology services (such as radiation therapy for cancer):</li> </ul>	<ul> <li>Out-of-network: You pay 30% of the cost</li> <li>Therapeutic radiology services (such as radiation therapy for cancer):</li> </ul>
■ In-network: You pay 20% of the cost	■ In-network: You pay 20% of the cost
<ul><li>Out-of-network: You pay 30% of the cost</li></ul>	<ul><li>Out-of-network: You pay 30% of the cost</li></ul>
Hearing exam to determine if you need medical treatment for a hearing condition:	Hearing exam to determine if you need medical treatment for a hearing condition:
<ul><li>In-network: You pay a \$15 copay</li><li>Out-of-network: You pay 30% of the cost</li></ul>	<ul><li>In-network: You pay a \$15 copay</li><li>Out-of-network: You pay 30% of the cost</li></ul>

Premiums and Benefits	MedMutual Advantage Select (PPO)
Dental Services	Medicare covered medically necessary dental services
(In-network services provided by DenteMax providers.)	<ul> <li>In-network: You pay 20% of the cost</li> <li>Out-of-network: You pay 30% of the cost</li> <li>A routine office visit that includes:</li> <li>Cleaning (1 every year)</li> <li>Dental X-ray (1 every year)</li> <li>Oral exam (1 every year)</li> <li>In-network: You pay a \$25 copay</li> <li>Out-of-network: You pay 50% of the cost</li> <li>If you want to purchase additional dental coverage, see Optional Supplemental Benefits on page 24.</li> </ul>
Vision Services (In-network services provided by EyeMed Insight providers.)	Original Medicare covered vision services, including yearly glaucoma screening:  In-network: You pay a \$40 copay  Out-of-network: You pay 30% of the cost Routine eye exam (1 every year):  In-network: You pay a \$25 copay  Out-of-network: You pay a \$50 copay  Diabetic eye exam:  In-network: You pay nothing  One pair of contact lenses or eyeglasses (frames and lenses) (1 every year):  In-network/Out-of-network: You pay nothing up to \$100. You are responsible for any amount more than \$100.  Eyeglasses or contact lenses after cataract surgery:  In-network: You pay 20% of the cost  Out-of-network: You pay 30% of the cost

### Medicare covered medically necessary dental services

- In-network: You pay 20% of the cost
- Out-of-network: You pay 30% of the cost

A routine office visit that includes:

- Cleaning (1 every year)
- Dental X-ray (1 every year)
- Oral exam (1 every year)
  - In-network: You pay a \$25 copay
  - Out-of-network: You pay 50% of the cost

If you want to purchase additional dental coverage, see Optional Supplemental Benefits on page 25.

### **MedMutual Advantage Premium (PPO)**

### Medicare covered medically necessary dental services

- In-network: You pay 20% of the cost
- Out-of-network: You pay 30% of the cost

Preventive dental services:

- Cleaning (up to 2 every year)
  - In-network: You pay nothing
  - Out-of-network: You pay 50% of the cost
- Dental X-ray (1 every year)
  - In-network: You pay nothing
  - Out-of-network: You pay 50% of the cost
- Oral exam (up to 2 every year)
  - In-network: You pay nothing
  - Out-of-network: You pay 50% of the cost

Our plan pays up to \$1,000 every year for most dental services from any provider.

For each calendar year, the following dental limits apply:

- 2 diagnostic X-rays
- 1 denture repair, reline or adjustment
- 1 endodontic service
- 1 periodontic service

For coverage and cost information for all dental services, see this plan's Evidence of Coverage.

Original Medicare covered vision services, including yearly glaucoma screening:

- In-network: You pay a \$40 copay
- Out-of-network: You pay 30% of the cost

Routine eye exam (1 every year):

- In-network: You pay a \$25 copay
- Out-of-network: You pay a \$50 copay

Diabetic eye exam:

■ In-network: You pay nothing

One pair of contact lenses or eyeglasses (frames and lenses) (1 every year):

 In-network/Out-of-network: You pay nothing up to \$100. You are responsible for any amount more than \$100.

Eyeglasses or contact lenses after cataract surgery:

- In-network: You pay 20% of the cost
- Out-of-network: You pay 30% of the cost

Original Medicare covered vision services, including yearly glaucoma screening:

- In-network: You pay a \$40 copay
- Out-of-network: You pay 30% of the cost

Routine eye exam (1 every year):

- In-network: You pay nothing
- Out-of-network: You pay a \$50 copay

Diabetic eye exam:

■ In-network: You pay nothing

One pair of contact lenses or eyeglasses (frames and lenses) (1 every year):

 In-network/Out-of-network: You pay nothing up to \$250. You are responsible for any amount more than \$250.

Eyeglasses or contact lenses after cataract surgery:

- In-network: You pay 20% of the cost
- Out-of-network: You pay 30% of the cost

Premiums and Benefits	MedMutual Advantage Select (PPO)
Mental Health Care (Services may require prior authorization.)	Inpatient Visit: There is a 190-day lifetime limit for inpatient services in a psychiatric hospital. The 190-day limit does not apply to Mental Health services provided in a psychiatric unit of a general hospital.  The copays for hospital and skilled nursing facility (SNF) benefits are based on benefit periods. A benefit period starts on the first day you go into the
	hospital. The benefit period ends when you haven't had any inpatient hospital care for 60 days in a row.  The plan covers 90 days each benefit period.  You have 60 lifetime reserve days that can be used for an inpatient psychiatric admission. You have no
	<ul> <li>copayment for these extra days.</li> <li>In-network:  — You pay a \$324 copay per day for days 1 through 5  — You pay nothing per day for days 6 through 90</li> <li>Out-of-network: You pay 30% of the cost per stay</li> <li>Outpatient group therapy visit:</li> <li>In-network: You pay a \$40 copay</li> <li>Out-of-network: You pay 30% of the cost</li> <li>Outpatient individual therapy visit:</li> </ul>
	<ul> <li>In-network: You pay a \$40 copay</li> <li>Out-of-network: You pay 30% of the cost</li> </ul>
Skilled Nursing Facility (SNF) (Services may require prior authorization.)	We will pay for skilled nursing facility care for up to 100 days per benefit period.  In-network:  You pay nothing per day for days 1 through 20  You pay a \$167.50 copay per day for days 21 through 100  Out-of-network: You pay 30% of the cost per stay
Outpatient Rehabilitation Services	Physical therapy, occupational therapy and speech/language therapy visit: In-network: You pay a \$40 copay Out-of-network: You pay 30% of the cost
Ambulance (Services may require prior authorization.)	<ul><li>In-network: You pay 50% of the cost</li><li>Out-of-network: You pay 50% of the cost</li></ul>

#### MedMutual Advantage Preferred (PPO) MedMutual Advantage Premium (PPO) Inpatient Visit: Inpatient Visit: There is a 190-day lifetime limit for inpatient services There is a 190-day lifetime limit for inpatient services in a psychiatric hospital. The 190-day limit does not in a psychiatric hospital. The 190-day limit does not apply to Mental Health services provided in a apply to Mental Health services provided in a psychiatric unit of a general hospital. psychiatric unit of a general hospital. The copays for hospital and skilled nursing facility The copays for hospital and skilled nursing facility (SNF) benefits are based on benefit periods. A (SNF) benefits are based on benefit periods. A benefit period starts on the first day you go into the benefit period starts on the first day you go into the hospital. The benefit period ends when you haven't hospital. The benefit period ends when you haven't had any inpatient hospital care for 60 days in a row. had any inpatient hospital care for 60 days in a row. The plan covers 90 days each benefit period. The plan covers 90 days each benefit period. You have 60 lifetime reserve days that can be used You have 60 lifetime reserve days that can be used for an inpatient psychiatric admission. You have no for an inpatient psychiatric admission. You have no copayment for these extra days. copayment for these extra days. ■ In-network: ■ In-network: -You pay a \$324 copay per day for days 1 through 5 -You pay a \$324 copay per day for days 1 through 5 - You pay nothing per day for days 6 through 90 -You pay nothing per day for days 6 through 90 Out-of-network: You pay 30% of the cost per stay Out-of-network: You pay 30% of the cost per stay Outpatient group therapy visit: Outpatient group therapy visit: In-network: You pay a \$40 copay In-network: You pay a \$30 copay Out-of-network: You pay 30% of the cost Out-of-network: You pay 30% of the cost Outpatient individual therapy visit: Outpatient individual therapy visit: ■ In-network: You pay a \$40 copay ■ In-network: You pay a \$30 copay Out-of-network: You pay 30% of the cost Out-of-network: You pay 30% of the cost We will pay for skilled nursing facility care for up to We will pay for skilled nursing facility care for up to 100 days per benefit period. 100 days per benefit period. ■ In-network: ■ In-network: -You pay nothing per day for days 1 through 20 -You pay a \$20 copay per day for days 1 through 20 -You pay a \$167.50 copay per day for days 21 -You pay a \$167.50 copay per day for days 21 through 100 through 100 Out-of-network: You pay 30% of the cost per stay Out-of-network: You pay 30% of the cost per stay Physical therapy, occupational therapy and speech/ Physical therapy, occupational therapy and speech/ language therapy visit: language therapy visit: ■ In-network: You pay a \$40 copay ■ In-network: You pay a \$40 copay Out-of-network: You pay 30% of the cost Out-of-network: You pay 30% of the cost

■ In-network: You pay 50% of the cost

Out-of-network: You pay 50% of the cost

Out-of-network: You pay 50% of the cost

■ In-network: You pay 50% of the cost

Premiums and Benefits	MedMutual Advantage Select (PPO)
Transportation	Not covered
Prescription I	Drug Benefits
Medicare Part B Drugs (Part B drugs may require prior authorization.)	Some drugs are covered by Medicare Part B and some are covered by Medicare Part D. Part B drugs do not count toward your Part D initial coverage limit or out-of-pocket costs.  For Part B drugs such as chemotherapy drugs:  In-network: You pay 20% of the cost  Out-of-network: You pay 20% of the cost  In-network: You pay 20% of the cost  Other Part B drugs:  In-network: You pay 20% of the cost  Out-of-network: You pay 20% of the cost
Outpatient Pre	scription Drugs
Deductible	You pay \$195 for Part D prescription drugs except for drugs listed on Tier 1 and Tier 2, which are excluded from the deductible.
Initial Coverage	After you pay your yearly deductible, you pay the following until your total yearly drug costs reach \$3,750. Total yearly drug costs are the total drug costs paid by both you and our Part D plan.  You may get your drugs at network retail pharmacies and mail-order pharmacies.
	<ul> <li>Standard retail cost sharing:</li> <li>Tier 1 (preferred generic)  - One-month supply: \$5 copay  - Three-month supply: \$10 copay</li> <li>Tier 2 (generic)  - One-month supply: \$19 copay  - Three-month supply: \$38 copay</li> <li>Tier 3 (preferred brand)  - One-month supply: \$47 copay  - Three-month supply: \$118 copay</li> <li>Tier 4 (non-preferred drug)  - One-month supply: 50% of the cost  - Three-month supply: 50% of the cost</li> <li>Tier 5 (specialty tier)  - One-month supply: 29% of the cost  - Three-month supply: Not covered</li> </ul>

### **MedMutual Advantage Premium (PPO)**

Not covered

Not covered

### **Prescription Drug Benefits**

Some drugs are covered by Medicare Part B and some are covered by Medicare Part D. Part B drugs do not count toward your Part D initial coverage limit or out-of-pocket costs.

For Part B drugs such as chemotherapy drugs:

- In-network: You pay 20% of the cost
- Out-of-network: You pay 20% of the cost

Other Part B drugs:

- In-network: You pay 20% of the cost
- Out-of-network: You pay 20% of the cost

Some drugs are covered by Medicare Part B and some are covered by Medicare Part D. Part B drugs do not count toward your Part D initial coverage limit or out-of-pocket costs.

For Part B drugs such as chemotherapy drugs:

- In-network: You pay 20% of the cost
- Out-of-network: You pay 20% of the cost

Other Part B drugs:

from the deductible.

- In-network: You pay 20% of the cost
- Out-of-network: You pay 20% of the cost

You pay \$95 for Part D prescription drugs except for

drugs listed on Tier 1 and Tier 2, which are excluded

After you pay your yearly deductible, you pay the

following until your total yearly drug costs reach

### **Outpatient Prescription Drugs**

You pay \$95 for Part D prescription drugs except for drugs listed on Tier 1 and Tier 2, which are excluded from the deductible.

After you pay your yearly deductible, you pay the following until your total yearly drug costs reach \$3,750. Total yearly drug costs are the total drug costs paid by both you and our Part D plan.

You may get your drugs at network retail pharmacies and mail-order pharmacies.

\$3,750. Total yearly drug costs are the total drug costs paid by both you and our Part D plan.

You may get your drugs at network retail pharmacies

### Standard retail cost sharing:

■ Tier 1 (preferred generic)

and mail-order pharmacies.

- One-month supply: \$2 copay
- -Three-month supply: \$4 copay
- Tier 2 (generic)
  - One-month supply: \$14 copay
  - -Three-month supply: \$28 copay
- Tier 3 (preferred brand)
  - One-month supply: \$47 copay
  - -Three-month supply: \$118 copay
- Tier 4 (non-preferred drug)
  - One-month supply: 50% of the cost
  - -Three-month supply: 50% of the cost
- Tier 5 (specialty tier)
  - One-month supply: 31% of the cost
  - -Three-month supply: Not covered

### Standard retail cost sharing:

- Tier 1 (preferred generic)
  - One-month supply: \$2 copay
  - -Three-month supply: \$4 copay
- Tier 2 (generic)
  - One-month supply: \$14 copay
  - -Three-month supply: \$28 copay
- Tier 3 (preferred brand)
  - One-month supply: \$47 copay
  - -Three-month supply: \$118 copay
- Tier 4 (non-preferred drug)
  - One-month supply: 50% of the cost
  - -Three-month supply: 50% of the cost
- Tier 5 (specialty tier)
  - One-month supply: 31% of the cost
  - -Three-month supply: Not covered

Premiums and Benefits	MedMutual Advantage Select (PPO)
Outpatient Pre	scription Drugs
Initial Coverage (continued)	Standard mail-order cost sharing:  Tier 1 (preferred generic)  One-month supply: \$5 copay  Three-month supply: \$10 copay  Tier 2 (generic)  One-month supply: \$19 copay  Three-month supply: \$38 copay  Tier 3 (preferred brand)  One-month supply: \$47 copay  Three-month supply: \$118 copay  Tier 4 (non-preferred drug)  One-month supply: 50% of the cost  Three-month supply: 50% of the cost  Tier 5 (specialty tier)  One-month supply: 29% of the cost  Three-month supply: Not covered  If you reside in a long-term care facility, you pay the same as at a retail pharmacy.  You may get drugs from an out-of-network pharmacy, but may pay more than you pay at an in-network pharmacy.
Coverage Gap	Most Medicare drug plans have a coverage gap (also called the "donut hole"). This means there's a temporary change in what you will pay for your drugs. The coverage gap begins after the total yearly drug cost (including what our plan has paid and what you have paid) reaches \$3,750.  After you enter the coverage gap, you pay 35% of the plan's cost for covered brand name drugs and 44% of the plan's cost for covered generic drugs until your costs total \$5,000, which is the end of the coverage gap. Not everyone will enter the coverage gap.  Under this plan, you may pay even less for the brand and generic drugs on the formulary. Your cost varies by tier. You will need to use your formulary to locate your drug's tier. See the chart that follows to find out how much it will cost you.

### **MedMutual Advantage Premium (PPO)**

### **Outpatient Prescription Drugs**

### Standard mail-order cost sharing:

- Tier 1 (preferred generic)
  - One-month supply: \$2 copay
  - -Three-month supply: \$4 copay
- Tier 2 (generic)
  - One-month supply: \$14 copay
  - -Three-month supply: \$28 copay
- Tier 3 (preferred brand)
  - One-month supply: \$47 copay
  - -Three-month supply: \$118 copay
- Tier 4 (non-preferred drug)
  - One-month supply: 50% of the cost
  - -Three-month supply: 50% of the cost
- Tier 5 (specialty tier)
  - One-month supply: 31% of the cost
  - -Three-month supply: Not covered

If you reside in a long-term care facility, you pay the same as at a retail pharmacy.

You may get drugs from an out-of-network pharmacy, but may pay more than you pay at an in-network pharmacy.

Most Medicare drug plans have a coverage gap (also called the "donut hole"). This means there's a temporary change in what you will pay for your drugs. The coverage gap begins after the total yearly drug cost (including what our plan has paid and what you have paid) reaches \$3,750.

After you enter the coverage gap, you pay 35% of the plan's cost for covered brand name drugs and 44% of the plan's cost for covered generic drugs until your costs total \$5,000, which is the end of the coverage gap. Not everyone will enter the coverage gap.

Under this plan, you may pay even less for the brand and generic drugs on the formulary. Your cost varies by tier. You will need to use your formulary to locate your drug's tier. See the chart that follows to find out how much it will cost you.

### Standard mail-order cost sharing:

- Tier 1 (preferred generic)
  - One-month supply: \$2 copay
  - -Three-month supply: \$4 copay
- Tier 2 (generic)
  - One-month supply: \$14 copay
  - -Three-month supply: \$28 copay
- Tier 3 (preferred brand)
  - One-month supply: \$47 copay
  - -Three-month supply: \$118 copay
- Tier 4 (non-preferred drug)
  - One-month supply: 50% of the cost
  - -Three-month supply: 50% of the cost
- Tier 5 (specialty tier)
  - One-month supply: 31% of the cost
  - -Three-month supply: Not covered

If you reside in a long-term care facility, you pay the same as at a retail pharmacy.

You may get drugs from an out-of-network pharmacy, but may pay more than you pay at an in-network pharmacy.

Most Medicare drug plans have a coverage gap (also called the "donut hole"). This means there's a temporary change in what you will pay for your drugs. The coverage gap begins after the total yearly drug cost (including what our plan has paid and what you have paid) reaches \$3,750.

After you enter the coverage gap, you pay 35% of the plan's cost for covered brand name drugs and 44% of the plan's cost for covered generic drugs until your costs total \$5,000, which is the end of the coverage gap. Not everyone will enter the coverage gap.

Under this plan, you may pay even less for the brand and generic drugs on the formulary. Your cost varies by tier. You will need to use your formulary to locate your drug's tier. See the chart that follows to find out how much it will cost you.

Premiums and Benefits	MedMutual Advantage Select (PPO)
Outpatient Pre	scription Drugs
Coverage Gap (continued)	Standard retail cost sharing:  Tier 1 (preferred generic)  Drugs covered: All  One-month supply: \$5 copay  Three-month supply: \$10 copay  Tier 2 (generic)  Drugs covered: All  One-month supply: \$19 copay  Three-month supply: \$38 copay  Standard mail-order cost sharing:  Tier 1 (preferred generic)  Drugs covered: All  One-month supply: \$5 copay  Three-month supply: \$10 copay  Tier 2 (generic)  Drugs covered: All  One-month supply: \$19 copay  Three-month supply: \$19 copay  Three-month supply: \$38 copay
Catastrophic Coverage	After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach \$5,000, you pay the greater of:  5% of the cost, or \$3.35 copay for generic (including brand drugs treated as generic) and a \$8.35 copayment for all other drugs
Outpatient Substance Abuse	<ul> <li>In-network: You pay a \$40 copay</li> <li>Out-of-network: You pay 30% of the cost</li> <li>This applies to an individual therapy visit or if the visit is part of group therapy.</li> </ul>
Foot Care (podiatry services)	<ul><li>In-network: You pay a \$50 copay</li><li>Out-of-network: You pay 30% of the cost</li></ul>
Durable Medical Equipment (wheelchairs, oxygen, etc.) (Services may require prior authorization.)	<ul><li>In-network: You pay 20% of the cost</li><li>Out-of-network: You pay 30% of the cost</li></ul>

MedMutual Advantage Preferred (PPO)	MedMutual Advantage Premium (PPO)
Outpatient Prescription Drugs	
Standard retail cost sharing:  Tier 1 (preferred generic)  Drugs covered: All  One-month supply: \$2 copay  Three-month supply: \$4 copay  Tier 2 (generic)  Drugs covered: All  One-month supply: \$14 copay  Three-month supply: \$28 copay  Standard mail-order cost sharing:  Tier 1 (preferred generic)  Drugs covered: All  One-month supply: \$2 copay  Three-month supply: \$2 copay  Three-month supply: \$4 copay  Tier 2 (generic)  Drugs covered: All	Standard retail cost sharing:  Tier 1 (preferred generic)  Drugs covered: All  One-month supply: \$2 copay  Tier 2 (generic)  Drugs covered: All  One-month supply: \$14 copay  Three-month supply: \$28 copay  Standard mail-order cost sharing:  Tier 1 (preferred generic)  Drugs covered: All  One-month supply: \$2 copay  Tier 2 (generic)  Drugs covered: All  One-month supply: \$4 copay  Tier 2 (generic)  Drugs covered: All
<ul><li>One-month supply: \$14 copay</li><li>Three-month supply: \$28 copay</li></ul> After your yearly out-of-pocket drug costs (including	<ul><li>One-month supply: \$14 copay</li><li>Three-month supply: \$28 copay</li></ul> After your yearly out-of-pocket drug costs (including
drugs purchased through your retail pharmacy and through mail order) reach \$5,000, you pay the greater of:  • 5% of the cost, or	drugs purchased through your retail pharmacy and through mail order) reach \$5,000, you pay the greater of:  • 5% of the cost, or
<ul> <li>\$3.35 copay for generic (including brand drugs treated as generic) and a \$8.35 copayment for all other drugs</li> </ul>	<ul> <li>\$3.35 copay for generic (including brand drugs treated as generic) and a \$8.35 copayment for all other drugs</li> </ul>
<ul> <li>In-network: You pay a \$40 copay</li> <li>Out-of-network: You pay 30% of the cost</li> <li>This applies to an individual therapy visit or if the</li> </ul>	<ul> <li>In-network: You pay a \$30 copay</li> <li>Out-of-network: You pay 30% of the cost</li> <li>This applies to an individual therapy visit or if the</li> </ul>
visit is part of group therapy.	visit is part of group therapy.
<ul><li>In-network: You pay a \$40 copay</li><li>Out-of-network: You pay 30% of the cost</li></ul>	<ul><li>In-network: You pay a \$30 copay</li><li>Out-of-network: You pay 30% of the cost</li></ul>
<ul><li>In-network: You pay 20% of the cost</li><li>Out-of-network: You pay 30% of the cost</li></ul>	<ul><li>In-network: You pay 20% of the cost</li><li>Out-of-network: You pay 30% of the cost</li></ul>

Premiums and Benefits	MedMutual Advantage Select (PPO)
Prosthetic Devices (braces, artificial limbs, etc.) (Services may require prior authorization.)	<ul><li>In-network: You pay 20% of the cost</li><li>Out-of-network: You pay 30% of the cost</li></ul>
Diabetes Supplies and Services	Diabetes monitoring supplies, self-management training and therapeutic shoes or inserts:  In-network: You pay 20% of the cost  Out-of-network: You pay 20% of the cost
Over-the-Counter Items	Your plan includes a \$20 quarterly allowance to be used toward the purchase of over-the-counter (OTC) health and wellness supplies to be delivered to your home. Please visit our website, MedMutual.com/SimplySupplies, to see our list of over-the-counter supplies.
	You pay nothing.
Wellness Programs	You pay nothing additional for the wellness programs listed below.
	Disease Management Program
	This program can help you stay healthy, manage your chronic conditions and maintain your independence. A trained health coach works with you to develop a personalized plan that supplements the care you get from your doctor. For more information or to find out if the program is right for you, call (800) 861-4826.
	Nurse Line
	If you have questions about symptoms you're experiencing but aren't sure if you need to see your doctor, we can help. Call our Nurse Line at (888) 912-0636, 24 hours a day, seven days per week for advice. Your call is kept confidential.

MedMutual Advantage Preferred (PPO)	MedMutual Advantage Premium (PPO)
<ul><li>In-network: You pay 20% of the cost</li><li>Out-of-network: You pay 30% of the cost</li></ul>	<ul><li>In-network: You pay 20% of the cost</li><li>Out-of-network: You pay 30% of the cost</li></ul>
Diabetes monitoring supplies, self-management training and therapeutic shoes or inserts:  In-network: You pay 20% of the cost  Out-of-network: You pay 20% of the cost	Diabetes monitoring supplies, self-management training and therapeutic shoes or inserts:  In-network: You pay 20% of the cost  Out-of-network: You pay 20% of the cost
Your plan includes a \$20 quarterly allowance to be used toward the purchase of over-the-counter (OTC) health and wellness supplies to be delivered to your home. Please visit our website, MedMutual.com/SimplySupplies, to see our list of over-the-counter supplies.	Your plan includes a \$20 monthly allowance to be used toward the purchase of over-the-counter (OTC) health and wellness supplies to be delivered to your home. Please visit our website, MedMutual.com/SimplySupplies, to see our list of over-the-counter supplies.
You pay nothing.	You pay nothing.
You pay nothing additional for the wellness programs listed below.	You pay nothing additional for the wellness programs listed below.
Disease Management Program	Disease Management Program
This program can help you stay healthy, manage your chronic conditions and maintain your independence. A trained health coach works with you to develop a personalized plan that supplements the care you get from your doctor. For more information or to find out if the program is right for you, call (800) 861-4826.	This program can help you stay healthy, manage your chronic conditions and maintain your independence. A trained health coach works with you to develop a personalized plan that supplements the care you get from your doctor. For more information or to find out if the program is right for you, call (800) 861-4826.
Nurse Line	Nurse Line
If you have questions about symptoms you're experiencing but aren't sure if you need to see your doctor, we can help. Call our Nurse Line at (888) 912-0636, 24 hours a day, seven days per week for advice. Your call is kept confidential.	If you have questions about symptoms you're experiencing but aren't sure if you need to see your doctor, we can help. Call our Nurse Line at (888) 912-0636, 24 hours a day, seven days per week for advice. Your call is kept confidential.

Premiums and Benefits	MedMutual Advantage Select (PPO)
Wellness Programs (continued)	SilverSneakers® Fitness Program
	SilverSneakers is a complete health and fitness program designed for Medicare beneficiaries at all fitness levels.
	Members enjoy access to more than 13,000 participating gyms and fitness centers, as well as to group exercise classes, health education and walking groups.
	Please note nonstandard fitness center services that usually have an extra fee are not included in your membership.
	To take advantage of the program, use the SilverSneakers ID card that will be mailed to your home. You will also receive a list of locations near you. Call (888) 423-4632 or go to SilverSneakers.com for more information.
	Weight Watchers® Program
	To help you meet your health goals, we partner with Weight Watchers, the world's leading provider of weight management services. Monthly Weight Watchers' fees for specified programs are reduced for MedMutual Advantage HMO members. The benefit does not include food or meals. For more information, contact Customer Care at the phone number shown in the introduction of this book.
Chiropractic Care	We only cover manual manipulation of the spine to correct sublaxation:  In-network: You pay a \$15 copay  Out-of-network: You pay 30% of the cost
Home Health Care (Services may require prior authorization.)	<ul> <li>In-network: You pay nothing. There is no coinsurance, copayment or deductible for Medicare-covered home health agency care.</li> <li>Out-of-network: You pay 30% of the cost</li> </ul>

### MedMutual Advantage Premium (PPO)

### SilverSneakers® Fitness Program

## SilverSneakers is a complete health and fitness program designed for Medicare beneficiaries at all fitness levels.

Members enjoy access to more than 13,000 participating gyms and fitness centers, as well as to group exercise classes, health education and walking groups.

Please note nonstandard fitness center services that usually have an extra fee are not included in your membership.

To take advantage of the program, use the SilverSneakers ID card that will be mailed to your home. You will also receive a list of locations near you. Call (888) 423-4632 or go to SilverSneakers.com for more information.

### Weight Watchers® Program

To help you meet your health goals, we partner with Weight Watchers, the world's leading provider of weight management services. Monthly Weight Watchers' fees for specified programs are reduced for MedMutual Advantage HMO members. The benefit does not include food or meals. For more information, contact Customer Care at the phone number shown in the introduction of this book.

We only cover manual manipulation of the spine to correct sublaxation:

- In-network: You pay a \$15 copay
- Out-of-network: You pay 30% of the cost
- In-network: You pay nothing. There is no coinsurance, copayment or deductible for Medicare-covered home health agency care.
- Out-of-network: You pay 30% of the cost

### SilverSneakers® Fitness Program

SilverSneakers is a complete health and fitness program designed for Medicare beneficiaries at all fitness levels.

Members enjoy access to more than 13,000 participating gyms and fitness centers, as well as to group exercise classes, health education and walking groups.

Please note nonstandard fitness center services that usually have an extra fee are not included in your membership.

To take advantage of the program, use the SilverSneakers ID card that will be mailed to your home. You will also receive a list of locations near you. Call (888) 423-4632 or go to SilverSneakers.com for more information.

### Weight Watchers® Program

To help you meet your health goals, we partner with Weight Watchers, the world's leading provider of weight management services. Monthly Weight Watchers' fees for specified programs are reduced for MedMutual Advantage HMO members. The benefit does not include food or meals. For more information, contact Customer Care at the phone number shown in the introduction of this book.

We only cover manual manipulation of the spine to correct sublaxation:

- In-network: You pay a \$15 copay
- Out-of-network: You pay 30% of the cost
- In-network: You pay nothing. There is no coinsurance, copayment or deductible for Medicare-covered home health agency care.
- Out-of-network: You pay 30% of the cost

Premiums and Benefits	MedMutual Advantage Select (PPO)	
Renal Dialysis	Covered dialysis equipment and supplies:  In-network: You pay 20% of the cost  Out-of-network: You pay 30% of the cost	
Hospice	When you enroll in a Medicare-certified hospice program, your hospice services and your Part A and Part B services related to your terminal prognosis are paid for by Original Medicare.	
Optional Benefits		
Optional Supplemental Benefit Package	Preventive dental services include:  Cleaning (up to 2 every year)  Dental X-ray (1 every year)  Oral exam (up to 2 every year)  For each calendar year, the following dental limits apply:  2 diagnostic X-rays  1 denture repair, reline or adjustment  1 endodontic service  1 periodontic service  Vision  Routine eye exams  Eyewear allowance  For coverage and cost information for all dental and vision services see this plan's Evidence of Coverage.	
Monthly Premium	Additional \$25 per month. You must keep paying your Medicare Part B premium and your \$35 monthly plan premium.	
Deductible	This package does not have a deductible.	
Is there a limit on how much the plan will pay?	Our plan pays up to \$1,250 every year. Our plan has additional coverage limits for certain benefits.  The \$1,250 limit has separate limits of \$1,000 for dental benefits and \$250 for vision benefits (the \$250 includes the \$100 referenced on page 10).	

MedMutual Advantage Preferred (PPO)	MedMutual Advantage Premium (PPO)
Covered dialysis equipment and supplies:	Covered dialysis equipment and supplies:
In-network: You pay 20% of the cost	■ In-network: You pay 20% of the cost
<ul><li>Out-of-network: You pay 30% of the cost</li></ul>	<ul><li>Out-of-network: You pay 30% of the cost</li></ul>
When you enroll in a Medicare-certified hospice program, your hospice services and your Part A and Part B services related to your terminal prognosis are paid for by Original Medicare.	When you enroll in a Medicare-certified hospice program, your hospice services and your Part A and Part B services related to your terminal prognosis are paid for by Original Medicare.
Optiona	Benefits
<ul> <li>Dental</li> <li>Preventive dental services include:</li> <li>Cleaning (up to 2 every year)</li> <li>Dental X-ray (1 every year)</li> <li>Oral exam (up to 2 every year)</li> <li>For each calendar year, the following dental limits apply:</li> </ul>	Please note: The Optional Benefits are already included in the benefits at no additional cost.
<ul> <li>2 diagnostic X-rays</li> <li>1 denture repair, reline or adjustment</li> <li>1 endodontic service</li> <li>1 periodontic service</li> </ul>	
Vision ■ Routine eye exams ■ Eyewear allowance	
For coverage and cost information for all dental and vision services see this plan's Evidence of Coverage.	
Additional \$25 per month. You must keep paying your Medicare Part B premium and your \$70 monthly plan premium.	
This package does not have a deductible.	
Our plan pays up to \$1,250 every year. Our plan has additional coverage limits for certain benefits.	
The \$1,250 limit has separate limits of \$1,000 for dental benefits and \$250 for vision benefits (the \$250 includes the \$100 referenced on page 11).	

### **Medical Mutual**

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