



2018 National Preferred Plus Formulary – Exclusions

The excluded medications shown below are not covered by Medical Mutual plans using the National Preferred Formulary. In most cases, if you fill a prescription for one of these drugs, you will pay the full retail price. To see the full National Preferred/National Preferred Plus formulary, visit MedMutual.com/2018npdrugs.

Take action to avoid paying full price. If you're currently using one of the excluded medications, please ask your doctor to consider writing you a new prescription for one of the following preferred alternatives. Additional covered alternatives may be available. Costs for covered alternatives may vary. To compare drug prices, log in to MedMutual.com/member and click Prescription Drug Benefits in the Quick Links section, then click Sign on to Express Scripts. Once you are securely re-directed to the Express Scripts website, click Price a Medication under Prescriptions.

Not all the drugs listed are covered by all plans. Check your benefit materials for the specific drugs covered and cost-share requirements for your plan. For specific questions about your coverage, please call the Rx Information number on your health plan member ID card.

Express Scripts manages your prescription drug plan for your employer, plan sponsor, health plan or benefit fund. The following changes apply to most Express Scripts national drug lists, but do not apply to Medicare plans.

Drug Class	Excluded Medications	Preferred Alternatives
AUTONOMIC & CENTRAL NERVOUS SYSTEM		
Alpha-2 Adrenergic Agonists (for Opioid Withdrawal)	Lucemyra	clonidine
Anti-Migraine Therapy	Sumavel Dosepro	sumatriptan injection
Antiparkinsonism Agents	Gocovri ER	amantadine capsules, amantadine tablets, amantadine oral solution
Calcitonin Gene-Receptor Peptide (CGRP) Antagonists	Ajovy	Aimovig, Emgality
Duchenne Muscular Dystrophy (DMD) Agents	Emflaza	prednisone solution, prednisone tablets
	Exondys 51	No alternatives recommended
Long-acting Opioid Oral Analgesics	Opana ER, Oxycodone ER	hydromorphone ER, morphine sulfate ER, oxymorphone ER, Hyslinga ER, Nucynta ER, Oxycontin
Narcotic Analgesics	Buprenorphine patches, Butrans	fentanyl patches, hydromorphone ER, morphine sulfate ER, oxymorphone ER, Hyslinga ER, Nucynta ER, Oxycontin
Narcotic Antagonists	Evzio	naloxone syringe, Narcan nasal spray
Neuropathic Agents	Lyrica CR	gabapentin, Gralise, Lyrica
Transmucosal Fentanyl Analgesics	Abstral, Fentora, Lazanda	fentanyl citrate lozenges
CARDIOVASCULAR		
Lipid/Cholesterol Lowering Agents	Repatha	Praluent
DERMATOLOGICAL		
Oral Agents for Rosacea	Doxycycline 40 mg Capsules	Oracea

Topical Acne/Antibiotic Combinations	Aktipak, Veltin	clindamycin/benzoyl peroxide, clindamycin/tretinoin, erythromycin/benzoyl peroxide, Acanya, Onexton
Topical Agents for Actinic Keratosis	fluorouracil 0.5% Cream, imiquimod 3.75% cream pump, Zyclara	diclofenac 3% gel, fluorouracil 5% cream, fluorouracil 2% solution, imiquimod 5% cream, Carac, Picato
Topical Antifungals	Luliconazole	ciclopirox, econazole, ketoconazole, naftifine, oxiconazole
DIABETES		
Biguanides	Glumetza, Fortamet	metformin extended-release
Blood Glucose Meters & Test Strips	Abbott (FreeStyle, Precision), Bayer (Breeze, Contour), National Medical (Advocate), Omnis Health (Embrace, Victory), Roche (Accu-Check), Trividia (TRUEtest, TUEtrack), UniStrip	LifeScan (OneTouch)
Dipeptidyl Peptidase-4 Inhibitors & Combinations	Alogliptin, Nesina, Onglyza	Januvia, Tradjenta
	Alogliptin/Metformin, Kazano, Kombiglyze XR	Janumet, Janumet XR, Jentadueto, Jentadueto XR
Glucagon-Like Peptide-1 Agonists	Adlyxin, Tanzeum, Victoza	Bydureon, Byetta, Trulicity
Insulins	Novolin	Humulin
	Admelog, Apidra, Fiasp, NovoLog	Humalog
EAR/NOSE		
Nasal Steroids	Beconase AQ, Omnaris, Zetonna	budesonide, flunisolide, fluticasone, mometasone, Qnasl
Otic Fluoroquinolone Antibiotics	Cetraxal	ciprofloxacin ear solution, ofloxacin ear solution, Ciprodex, Otovel
ENDOCRINE (OTHER)		
Estrogen and Estrogen Modifiers for Vaginal Symptoms	Femring	estradiol patches, estradiol tablets, yuvafem, Estrace Cream, Estring, Premarin Cream, Premarin Tablets
Growth Hormones	Nutropin AQ, Nutropin AQ Nuspin, Omnitrope, Saizen, Saizen Prep, Zomacton	Genotropin, Humatrope, Norditropin
Somatostatin Analogs	Sandostatin LAR Depot, Signifor LAR	Somatuline Depot
Topical Estrogen Gels	EstroGel	Divigel
Topical Testosterone Products	Fortesta, Natesto, Testosterone Gel	AndroGel 1.62%
GASTROINTESTINAL		
Inflammatory Bowel Agents	Asacol HD, Delzicol, Dipentum, Mesalamine 800 mg Delayed Release	balsalazide disodium, mesalamine 1.2 gm delayed release, sulfasalazine, Apriso, Pentasa
Irritable Bowel Syndrome and Chronic Constipation Agents	Trulance	Amitiza, Linzess
Pancreatic Enzymes	Pancreaze, Pertzeye, Ultresa	Creon, Zenpep
Proton Pump Inhibitors	Aciphex Sprinkle, Prevacid Solutab, Prilosec Suspension, Protonix Suspension	esomeprazole, lansoprazole, omeprazole, pantoprazole, rabeprazole, Nexium Packets
HEMATOLOGICAL		
Erythropoiesis-Stimulating Agents	Aranesp, Epogen, Mircera	Procrit
Granulocyte Colony Stimulating Factors	Neupogen	Granix, Zarxio

HEPATITIS		
Hepatitis C	Daklinza, Olysio, Sovaldi, Zepatier	Epclusa, Harvoni, Mavyret, Technivie, Viekira Pak, Viekira XR, Vosevi
MUSCULOSKELETAL & RHEUMATOLOGY		
Gout Therapy	Colchicine	Colcrys, Mitigare
Osteoporosis Therapy	Forteo	Tymlos
OBSTETRICAL & GYNECOLOGICAL		
Gonadotropin-Releasing Hormone (GnRH) Antagonists (for Infertility)	Ganirelix Acetate	Cetrotide
Gonadotropin-Releasing Hormone (GnRH) Antagonists (for Endometriosis)	Orilissa	Lupron Depot, Synarel, Zoladex
Ovulatory Stimulants (Follitropins)	Bravelle, Follistim AQ	Gonal-F, Gonal-F RFF, Gonal-F RFF Redi-ject
Vaginal Progestones	Endometrin	Crinone 8% Gel
OPHTHALMIC		
Antiglaucoma Drugs (Beta-Adrenergic Blockers)	Timoptic Ocudose	betaxolol drops, levobunolol drops, timolol drops, Alphagan P 0.1%, Combigan
Antiglaucoma Drugs (Ophthalmic Prostaglandins)	Zioptan	bimatoprost drops, latanoprost drops, Lumigan, Travatan Z
Ophthalmic Non-Steroidal Anti-Inflammatory Drugs (NSAIDs)	Acuvail, Nevanac	bromfenac drops, diclofenac drops, ketorolac drops, Ilevro, Prolensa
RENAL DISEASE		
Phosphate Binders	Fosrenol Powder Packet, Renagel	lanthanum, sevelamer carbonate, Phoslyra, Velphoro
RESPIRATORY		
Epinephrine Auto-Injector Systems	Auvi-Q, Epinephrine Auto-Injector (by A-S Medication, Impax & Lineage)	Epinephrine Auto-Injector (by Mylan), Epipen, Epipen Jr.
Pulmonary Anti-Inflammatory Inhalers	Alvesco	ArmonAir RespiClick, Arnuity Ellipta, Asmanex HFA/Twisthaler, Flovent Diskus/HFA, Pulmicort Flexhaler, QVAR
Short-Acting Beta ₂ -Agonist Inhalers	Levalbuterol HFA, Proventil HFA, Xopenex HFA	ProAir HFA/RespiClick, Ventolin HFA
UROLOGICAL		
Erectile Dysfunction Oral Agents	Levitra, Staxyn, Stendra	Cialis
WEIGHT LOSS		
Weight Loss Agents	Qsymia	benzphetamine, diethylpropion, phentermine
MISCELLANEOUS AGENTS		
	Endari	Over-the-counter glutamine powder or tablets
	Hydroxyprogesterone 1,250 mg/5 mL	Hydroxyprogesterone caproate 250 mg/mL (single dose vial)
	Mebolic, Omnivex, Xyzbac, Zyvot	Over-the-counter multivitamin combination plus folic acid
	Siklos	Droxia

INDICATION-BASED MANAGEMENT		
Drug Class	Non-preferred Medications	Preferred Alternatives
INFLAMMATORY CONDITIONS	All other brand-name medications for Inflammatory Conditions are non-preferred. Approval may be granted following a coverage review. A trial of one of more preferred medications is required prior to initiating therapy with a non-preferred medication. A formulary exception may be granted for patients already established on therapy with a non-preferred medication.	Actemra, Cosentyx, Enbrel, Humira, Inflectra, Otezla, Remicade, Renflexis, Simponi 100 MG (for ulcerative colitis only), Stelara SC, Tremfya [†] , Xeljanz, Xeljanz XR

[†] This medication may be subject to step therapy.

EXCLUDED MEDICATIONS/PRODUCTS AT A GLANCE				
Abbott (FreeStyle, Precision)	Cymbalta [^]	Gocovri ER	Nutropin AQ, Nutropin AQ Nuspin	Synvisc, Synvisc-One
Abilify [^]	Cytomel [^]	Hyalgan	Olysio	Tanzeum
Abstral	Daklinza	Hymovis	Omniaris	Testim [^]
Aciphex	Delzicol	Imitrex [^]	Omnis Health	Testosterone Gel
Aciphex Sprinkle	Detrol [^] , Detrol LA [^]	Inderal LA [^]	(Embrace, Victory)	Tikosyn
Acuvail	Diovan [^] , Diovan HCT [^]	Intuniv [^]	Omnitrope	Timoptic Ocudose
Adderall [^]	Dipentum	Istalol	Onglyza	Tobi Solution [^]
Adlyxin	Doxycycline 40 mg Capsules	Kazano	Opana ER	Topamax [^]
Admelog	Effexor XR [^]	Keppra [^] , Keppra XR [^]	Ortho Tri-Cyclen [^] , Ortho Tri-Cyclen Lo [^]	Tribenzor [^]
Ajovy	Emflaza	Kombiglyze XR	Oxycodone ER	Trileptal [^]
Aktipak	Endari	Lamictal [^] , Lamictal ODT [^] , Lamictal XR [^]	Pancreaze	Trividia (TRUEtest, TRUEtrack)
Alogliptin	Endometrin	Lazanda	Pertzye	Trulance
Alogliptin/Metformin	Epinephrine Auto-Injector (by A-S Medications, Impax & Lineage)	Levalbuterol HFA	Plaquenil [^]	Ultresa
Alvesco	Epogen	Levitra	Plavix [^]	UniStrip
Androgel 1% [^]	Estrocel	Lexapro [^]	Prevacid [^]	Valium [^]
Anusol HC [^]	Evzio	Librax [^]	Prevacid Solutab	Valtrex [^]
Apidra	Exforge [^] , Exforge HCT [^]	Lidoderm [^]	Prilosec Suspension	Veltin
Aranesp	Exondys 51	Lipitor [^]	Pristiq [^]	Victoza
Arimidex ^{^^}	Femring	Loestrin [^] , Loestrin FE [^]	Protonix [^]	Visco-3
Asacol HD	Fentora	Lotrel [^]	Protonix Suspension	Vogelxo
AtacandA, Atacand HCT [^]	Fiasp	Lovenox [^]	Proventil HFA	Vytorin [^]
Auvi-Q	Fluorouracil 0.5% Cream	Lunesta [^]	Provigil [^]	Wellbutrin SR [^]
Avalide [^] , Avapro [^]	Fosrenol Chewable Tablet [^]	Lyrca CR	Prozac [^]	Xalatan [^]
Avodart [^]	Fosrenol Powder Packet	Maxalt [^] , Maxalt MLT [^]	Pulmicort Respules [^]	Xanax [^] , Xanax XR [^]
Azor [^]	Ganirelix Acetate	Mebolic	Qsymia	Xenazine [^]
Bayer (Breeze, Contour)	Gel-One	Mesalamine 800 mg Delayed Release	Renagel	Xopenex HFA
Beconase AQ	Gelsyn-3	Micardis [^] , Micardis HCT [^]	Repatha	Xyzbac
Benicar [^] , Benicar HCT [^]	Genvisc 850	Minastrin 24 Fe [^]	Roche (Accu-Chek)	Zegerid [^]
Bravelle	Gleevec ^{^^}	Mircera	Saizen, SaizenPrep	Zepatier
Bupap [^]	Glucophage [^] , Glucophage XR [^]	Nasonex [^]	Sandostatin LAR Depot	Zetia [^]
Buprenorphine patches	Glumetza	Natesto	Seroquel [^] , Seroquel XR [^]	Zetonna
Butrans		National Medical (Advocate)	Signifor LAR	Zioptan
Celebrex [^]		Nesina	Siklos	Zocor [^]
Celexa [^]		Neupogen	Singulair [^]	Zolof [^]
Cetraxal		Neurontin [^]	Sovaldi	Zomacton
Colchicine		Nevanac	Staxyn	Zomig Tablets [^] , Zomig ZMT [^]
Coreg [^]		Norvasc [^]	Stendra	Zyclara
Cosopt [^]		Novolin	Strattera [^]	Zyflo CR [^]
Cozaar [^] , Hyzaar [^]		NovoLog	Sumavel Dosepro	Zyvit
Crestor [^]			Supartz, Supartz FX	

[^] Multisource brand exclusion – The generic equivalent of this brand-name medication is covered under your plan. FDA-approved generic medications meet strict standards and contain the same active ingredients as their corresponding brand-name medications, although they may have a different appearance.