



2023 Standard Plus Preventive Medications List (Generics Only)

In addition to a healthy lifestyle, getting preventive care and taking preventive medications can be an important step people take to avoid many illnesses and maintain good health.

Medical Mutual has adopted the following list of preventive medications to support this goal. This list provides examples of commonly prescribed preventive medications. We grouped the medications together based on the medical conditions they are used to prevent. This is not an all-inclusive list; only examples of drugs in each category are listed. This list also does not guarantee coverage of a particular drug or describe the type of payment you may owe. Depending on your plan, you may not have to pay a copay, coinsurance or deductible amount for preventive medications. For more information about your cost of coverage, please check with your plan administrator and/or benefit information materials.

If you have questions about your preventive medication benefits, please call Customer Care at the number on your health plan identification (ID) card.

ASTHMA/COPD

- arformoterol
- albuterol HFA
- albuterol nebulizer solution
- albuterol oral
- budesonide oral inhalation
- cromolyn nebulizer solution
- ipratropium/albuterol nebulizer solution
- ipratropium nebulizer solution
- fluticasone/salmeterol
- formoterol
- levabuterol nebulizer solution
- metaproterenol
- montelukast
- terbutaline oral
- theophylline
- wixela inhub
- zafirlukast
- zileuton er

BONE DISEASE AND FRACTURES

- alendronate
- ibandronate oral
- raloxifene
- risedronate
- risedronate dr
- zoledronic acid 5mg

CAVITIES

- periomed
- sodium fluoride rinse, gel, cream, paste, tabs and drops

COLONOSCOPY PREPARATION*

- gavilyte-c
- gavilyte-g
- gavilyte-n
- polyethylene glycol

DEPRESSION

- citalopram
- escitalopram
- fluoxetine
- fluoxetine dr
- fluvoxamine
- fluvoxamine er
- paroxetine
- paroxetine er
- sertraline

DIABETES

- acarbose
- generic syringes, lancets and needles
- glimepiride
- glipizide
- glipizide er
- glipizide/metformin
- glyburide
- glyburide micronized
- glyburide/metformin
- metformin
- metformin er
- miglitol
- nateglinide
- pioglitazone
- pioglitazone/glimepiride
- pioglitazone/metformin
- repaglinide
- repaglinide/metformin

HEART DISEASE AND STROKE

BLOOD THINNERS

- aspirin, 81 mg & 325 mg*
- aspirin-dipyridamole er
- clopidogrel
- dabigatran
- dipyridamole
- jantoven
- prasugrel
- warfarin

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CHOLESTEROL LOWERING

amlodipine/atorvastatin
atorvastatin
cholestyramine
cholestyramine light
colesevelam
colestipol
ezetimibe
ezetimibe/simvastatin
fenofibrate
fenofibric acid
fenofibric acid dr
fluvastatin
fluvastatin er
gemfibrozil
icosapent ethyl
lovastatin
niacin
niacin er
pravastatin
prevalite
rosuvastatin
simvastatin

candesartan
candesartan/hctz
captopril
captopril/hctz
cartia xt
chlorothiazide
chlorthalidone
dilt xr
diltiazem
diltiazem cd
diltiazem er
enalapril
enalapril/hctz
eprosartan
felodipine er
fosinopril
fosinopril/hctz
hydrochlorothiazide
indapamide
irbesartan
irbesartan/hctz
isradipine
lisinopril
lisinopril/hctz
losartan
losartan/hctz
matzim la
metolazone
metoprolol succinate er
metoprolol tartrate
metoprolol/hctz
moexipril
nadolol
nadolol/bendroflumethiazide
nebivolol
nicardipine
nifedipine
nifedipine er
nisoldipine er
olmesartan
olmesartan/hctz
perindopril

pindolol
propranolol
propranolol er
propranolol/hctz
quinapril
quinapril/hctz
ramipril
taztia xt
telmisartan
telmisartan/hctz
tiadyt er
timolol
trandolapril
trandolapril/verapamil er
valsartan
valsartan/hctz
verapamil
verapamil er
verapamil er pm
verapamil sr

MALARIA

atovaquone/proguanil
chloroquine
mefloquine
primaquine

MISC ANTIVIRALS

emtricitabine/tenofovir disoproxil
fumarate (TDF) 200mg/300mg*

SMOKING-CESSATION*

bupropion sr 150mg
nicotine gum, lozenges and
patches
varenicline

VITAMINS OR MINERALS

folic acid*
generic prenatal vitamins
generic pediatric multivitamins
with fluoride*

*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

Express Scripts administers your prescription benefit on behalf of Medical Mutual. For specific questions on coverage, please call the phone number on your ID card or log in to My Health Plan at [MedMutual.com/member](https://www.MedMutual.com/member) and click Benefits & Coverage , then Prescription Drug Benefits.

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